

**Margaret M. Howard, Ph.D.**

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**EDUCATION**

1975 - 1979 B.A., Western Washington University, Bellingham, WA  
Psychology (Outstanding Departmental Graduate)

1980 - 1983 M.A., Southern Illinois University, Carbondale, IL  
(APA Approved Program) Counseling Psychology

1983 - 1988 Ph.D., Southern Illinois University, Carbondale, IL  
(APA Approved Program) Clinical Psychology

**POSTGRADUATE TRAINING**

1985 - 1986 Clinical Psychology Intern, Brown University Clinical Psychology  
Internship Consortium (APA Approved Program), Providence, RI

1986 - 1987 Research Fellow, Department of Psychiatry and Human Behavior  
Brown University Medical School, Providence, RI

**POSTGRADUATE HONORS AND AWARDS**

December 7, 2001 Co-recipient of the Care New England CARE (Cultivating and Rewarding  
Excellence) Award - Future Vision Category for the Women and Infants  
Hospital Partnership Project, Providence, RI

May 17, 2003	Recipient of the 5 <sup>th</sup> Annual Eli Lilly Welcome Back Award for Primary Care category, San Francisco, CA.
May 5, 2009	Recipient of Lamplighter Award-Silver. Care New England Design Single Publication for Women & Infants' Day Hospital brochure, Providence, RI.
May 1, 2011	Recipient of Deans Excellence in Teaching Award Warren Alpert Medical School of Brown University, Providence, RI
September 20, 2013	Co-recipient of Honorable Mention in the Care New England CARE (Cultivating and Rewarding Excellence) Award - Future Vision Category for the project "Eliminating Suicide: Developing a System of Care".
May 3, 2014	Recipient of Moms for Moms award for compassionate and innovative treatment of perinatal women and their families. East Greenwich, RI
August 11, 2018	Recipient of American Psychological Association Committee on Women in Psychology Senior Leadership Award.

**PROFESSIONAL LICENSES**

Rhode Island	1989 (Active)
Washington	1993 (Inactive)
Oregon	1996 (Inactive)

**ACADEMIC APPOINTMENTS**

1988 - 1991	Clinical Instructor, Department of Psychiatry and Human Behavior Brown Medical School, Providence, RI
1991 - 1994	Clinical Assistant Professor, Department of Psychiatry and Human Behavior, Brown Medical School, Providence, RI
2000 - 2007	Clinical Assistant Professor, Department of Psychiatry and Human Behavior, Brown Medical School, Providence, RI
2007 - 2012	Clinical Associate Professor, Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University, Providence, RI
2009 - 2012	Clinical Associate Professor, Dept. of Medicine, Alpert Medical School of Brown University, Providence, RI
2012-	Professor (Clinical), Department of Psychiatry and Human Behavior and Medicine, Alpert Medical School of Brown University, Providence, RI

## **HOSPITAL APPOINTMENTS**

1988 - 1989	Acting Associate Director, Alcohol and Drug Treatment Services, Butler Hospital, Providence, RI
1989 - 1990	Staff Psychologist, Eating Disorders and Sexual Abuse Program, St. Joseph Hospital and Health Care Center, Tacoma, WA
1990 - 1992	Clinical Coordinator, Women's Treatment Program, Butler Hospital, Providence, RI
1993 - 1997	Women Veterans Sexual Trauma Counselor, Department of Veterans Affairs, Portland, OR
1997 - 2000	Staff Psychologist, Women & Infants Hospital, Providence, RI
2000 -	Director, Postpartum Depression Day Hospital, Women & Infants Hospital, Providence, RI
2011- 2013	Interim Director, Women's Behavioral Health, Women & Infants Hospital
2013 -	Associate Director, Women's Mental Health Fellowship, Women & Infants Hospital/Brown University
2014 -	Director, Division of Women's Behavioral Health, Women & Infants Hospital

## **HOSPITAL COMMITTEES**

1991 – 1992	Butler Hospital, Outpatient Quality Assurance
2003 – 2005	Brown University/Women & Infants Hospital National Center of Excellence in Women's Health Clinical Care Working Group
2005 - Present	Inter-Agency Coordinating Committee, Women & Infants
2009 – 2012	Network Coordinating Committee
2009 – 2013	Care New England (CNE) Web Oversight Committee
2011 - Present	Women's Behavioral Health Quality Council

2011—Present	CNE Behavioral Healthcare Quality Measures Committee (Subcommittee for CNE-wide suicide assessment)
2012—2014 2014—2016	CNE Brain and Behavioral Health Council (vice-chair) CNE Brain and Behavioral Health Service Line
2012—2014	CNE Women’s Health Institute
2014—2016	CNE Women’s Health Service Line
2013—Present	Women & Infants Hospital Professional Health Committee
2014--2016	CNE Engagement Steering Committee (initiative co- leader)
2016--Present	Women & Infants Institutional Review Board
2017—Present	Care New England Medical Group Medical Practice and Quality Committee

**OTHER COMMITTEES**

1991 - 1992	Task Force on Therapist Sexual Misconduct (RI Psychological Association and Board of Examiners)
1993 - 1995	Forensic and Administration Subcommittee, Women Veterans Sexual Trauma Program, Portland, OR
2004 - Present	Advisory Board Member for Families for Depression Awareness, Waltham, MA
2005 - 2007	RI Department of Health Division of Family Health, Women’s Health Screening and Referral Program Steering Committee
2008 - 2009	Women’s Health Council of RI, Chair of the Clinical Initiatives Subcommittee (2008-2009)
2010-Present	Advisory Board Member for MotherWoman Inc. Amherst, MA
2011-2012	Co-Chair Behavioral Health Fall 2011 and Spring 2012 Workshops, Women’s Health Council of Rhode Island
2011-2012	Co-Chair, Planning Committee, North American Society for Psychosocial Obstetrics and Gynecology, 2012 Annual Meeting

2015 – Present	Co-founder and board member, Perinatal Mental Health Society and Marce of North America
2015 - Present	Brown University Dept. of Psychiatry and Human Behavior Advisory Committee
2019 – Present	Steering Committee Member for Hospital Assoc. of RI “Change Direction” Initiative
2019 – Present	Community Advisory Board Member for “The Cumulative Risk of Substance Exposure and Early Life Adversity on Child Health Development and Outcomes” Grant.

### **MEMBERSHIP IN SOCIETIES**

1981 - 1996	Washington State Psychological Association
1983 - 1998	American Psychological Association
1984 - 1989	Association for the Advancement of Behavior Therapy
1990 - 1993	Rhode Island Psychological Association
1991 - 1993	New England Society for the Study of Multiple Personality and Dissociation
2001 - Present	Postpartum Support International
2003 - Present	International Association for Women’s Mental Health
2003 - 2013	North American Society for Psychosocial Obstetrics and Gynecology
2003 - Present	Rhode Island Association for Infant Mental Health
2004 - Present	Rhode Island Psychological Association
2005 - Present	American Psychological Association
2006 – 2010	Rhode Island Association for Psychoanalytic Psychologies
2008—Present	Marcé Society

**ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS**

1. Shute G, **Howard M**, Steyaert J. The relationships among cognitive development, locus of control, and gender. Journal of Research in Personality, 18:341-355, 1984.
2. Zlotnick C, Johnson S, Miller I, Pearlstein T, **Howard M**. Postpartum depression in women receiving public assistance: Pilot study of an interpersonal therapy-oriented group intervention. American Journal of Psychiatry, 158:638-640, 2001.
3. Battle CL, Zlotnick C, Miller IW, Pearlstein T, **Howard M**. Clinical characteristics of perinatal psychiatric patients: A chart review study. Journal of Nervous and Mental Disease, 194:369-377, 2006.
4. Zlotnick C, Miller IW, Pearlstein T, **Howard M**, Sweeney P. A preventive intervention for pregnant women on public assistance at risk for postpartum depression. American Journal of Psychiatry, 163: 1443-1445, 2006.
5. **Howard M**, Battle CL, Pearlstein T, Rosene-Montella, K. A psychiatric mother-baby unit for pregnant and postpartum women. Archives of Women's Mental Health, 9: 213-218, 2006.
6. Pearlstein TB, Zlotnick C, Battle CL, Stuart S, O'Hara MW, Price AB, Grause MA, **Howard M**. Patient choice of treatment for postpartum depression: A pilot study. Archives of Women's Mental Health, 9: 303-308, 2006.
7. Battle CL, Zlotnick C, Pearlstein T, Miller IW, **Howard M**, Salisbury AL, Stroud L. Depression and breastfeeding: Which postpartum patients take antidepressant medications? Depression and Anxiety, 25: 888-891, 2008.
8. Strawbridge, EM, **Howard M**, Nolan P, Feller E. Increasing post-partum depression detection in Rhode Island: Targeting pediatric providers. Medicine & Health Rhode Island, 91: 255-257, 2008.
9. Pearlstein T, **Howard M**, Salisbury A, Zlotnick C. Postpartum depression. American Journal of Obstetrics and Gynecology, 200: 357-364, 2009.
10. **Howard M**, Pearlstein T. Reply to Letter to the Editor. American Journal of Obstetrics and Gynecology, 201(5): e11, 2009.
11. **Howard M**, Reply to Letter to the Editor. American Journal of Obstetrics and Gynecology, 202(1) e19-20, 2010.
12. Battle, C. L., Uebelacker, L. A., **Howard, M.**, & Castaneda, M. Letter to the Editor. Prenatal yoga and depression during pregnancy. Birth: Issues in Perinatal Care, 37 (4): 353-354, 2010.

13. Creech S, Davis K, **Howard M**, Pearlstein T, Zlotnick C. Psychological/verbal abuse and utilization of mental health care in perinatal women seeking treatment for depression, Archives of Women's Mental Health, 15 (4): (online first), 2012.
14. Schofield CA, Battle CL, **Howard M**, Ortiz-Hernandez S. Symptoms of anxiety disorders in a perinatal psychiatric sample: A chart review, Journal of Nervous and Mental Disease. 202(2):154-160, 2014.
15. Battle CL, **Howard M**. A mother-baby psychiatric day hospital: History, rationale, and why perinatal mental health is important for obstetric medicine, Obstetric Medicine, 7 (2):66-70, 2014.
16. Battle CL, Weinstock LM, **Howard M**. Clinical correlates of perinatal bipolar disorder in an interdisciplinary obstetrical hospital setting, Journal of Affective Disorders. 158:97-100, 2014.
17. Sockol, L. Battle. C. L., **Howard, M.** & Davis, T. Correlates of impaired mother-infant bonding in a partial hospital program for perinatal women. Archives of Women's Mental Health, 17 (5): 465-469, 2014.
18. **Howard M**, Mehta ND, Powrie RO. Peripartum depression: Early recognition improves outcomes. Cleveland Clinic Journal of Medicine. 84 (5): 388-396, 2017.
19. Hudepohl NS, Battle CL, **Howard M**. Advanced training in reproductive psychiatry: The case for standardization in training and a path to sub-specialty recognition. Archives of Women's Mental Health, 21(1):121-123, 2018.

### **BOOKS AND BOOK CHAPTERS**

**Howard M**, Diaz S, Jain N, Zlotnick C, Pearlstein T. Psychiatric disorders in pregnancy. In: Lee RV, Rosene-Montella K, Barbour LA, Garner PR, Keely E (Eds): Medical Care of the Pregnant Patient, Philadelphia, PA, American College of Physicians, pp. 124-139, 2000.

**Howard M**, Normal emotional changes in pregnancy. In: Lee RV, Rosene-Montella K, Barbour LA, Keely E (Eds): Medical Care of the Pregnant Patient, 2<sup>nd</sup> edition, Philadelphia, PA, American College of Physicians, pp. 87-90, 2008.

**Howard M**, Christophersen R. Psychiatric complications in the postpartum period. In: Angelini D, LaFontaine D. (Eds): Obstetric Care and Emergency Care Protocols. Springer Publishers, New York City pp. 303-315, 2012.

### **OTHER NON-PEER REVIEWED PUBLICATIONS**

1. **Howard M**, Maisto S. "Dual Diagnosis Patients and Their Treatments", Butler Hospital Annual Report and Review, 1997, pp. 23-25.

2. "Depression Common but Still Carries Stigma", Article in East Greenwich Pendulum, February 19, 1998.
3. "Day Hospital", Sidebar article in Healthy Regards, Spring, 2000.
4. **Howard M.** "Help for New Moms", Letter to the Editor, Providence Journal Bulletin, April 14, 2000.
5. **Howard M.** "Create a 'Safe Haven'", Letter to the Editor, Providence Journal Bulletin, September 6, 2000.
6. "Women need not suffer in silence", Article in The Jewish Voice & Herald, April 2, 2010.
7. Hudepohl N, **Howard M.** "Perinatal OCD: What Research Says About Diagnosis and Treatment", OCD Newsletter 28(4):20-23 2014-2015.

### **ABSTRACTS**

1. Thompson RW, Bedingfield J, **Howard M.** The role of the adrenal glands in tonic immobility in chickens. Abstract and paper presentation at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL, May, 1979.
2. **Howard M.** Career development in women. Chair of symposium at the 89<sup>th</sup> Annual Meeting of the American Psychological Association, Los Angeles, CA, August, 1981.
3. Shute G, **Howard M.**, Steyaert J. Cognitive antecedents of personal responsibility attributions in therapy. Abstract and poster presentation at the 16<sup>th</sup> Annual Meeting of the Association for Advancement of Behavioral Therapy, Los Angeles, CA, November, 1982.
4. **Howard M.**, Gannon L. The relationships among depression, attributional style, and sex role stereotype in a clinical population. Abstract and poster presentation at the Annual Meeting of the Association for Women in Psychology, Seattle, WA, March, 1983.
5. **Howard M.**, Gannon L. Depressive mood induction: Influence of instrumentality and method of induction. Abstract and poster presentation at the 22<sup>nd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY, November, 1988.
6. Malin M, **Howard M.**, Begin A, Pearlstein T. A comparison of somatic complaints and affective symptoms among a sample of women with histories of childhood sexual abuse. Abstract and poster presentation at the 20<sup>th</sup> Annual Meeting of the American Society for Psychosomatic Obstetrics & Gynecology, Seattle, WA, February 27, 1992.
7. **Howard M.**, Malin M, Begin A, Pearlstein T, Simpson E. Efficacy of time-limited group therapy for adult sexual abuse survivors. Abstract and poster presentation at the 1992 International Society of



Traumatic Stress Studies Annual Meeting, Los Angeles, CA, October 25, 1992.

8. Zlotnick C, Begin A, **Howard M**, Malin M, Pearlstein T. Predictors of outcome in group treatment for sexual abuse survivors. Abstract and paper presentation at the 102<sup>nd</sup> Annual Meeting of the American Psychological Association, Los Angeles, CA, August 21, 1994.
9. Zlotnick C, **Howard M**, Pearlstein T, Jain N, Diaz S. Factors related to depression among financially disadvantaged pregnant women. Abstract and poster presentation at the Biennial Meeting of the Marcé Society, Iowa City, IA, June 25, 1998.
10. Battle CL, Zlotnick C, Lamont JM, Pearlstein TB, **Howard M**, Miller IW, Cardemil W. An examination of the clinical characteristics, family functioning, and treatment course of pregnant and postpartum psychiatric patients. Abstract, poster and paper presentation at the 30<sup>th</sup> Annual Conference of the North American Society for Psychosocial Obstetrics and Gynecology, Cancun, Mexico, February 22-23, 2002.
11. **Howard M**, Battle CL, Pearlstein T, Chaudhry M. Mother-Baby Day Hospital: Advancing perinatal psychiatric treatment in the 21<sup>st</sup> century". Abstract and paper presentation at the 16<sup>th</sup> Annual Conference of Postpartum Support International, Santa Barbara, CA, June 19-23, 2002.
12. Battle CL, Zlotnick C, **Howard M**, Pearlstein T. A chart review study to investigate the clinical characteristics of perinatal psychiatric patients. Abstract and poster presentation at the Marcé Society International Biennial Scientific Meeting, Sydney, Australia, September 25, 2002.
13. Zlotnick C, Johnson S, Miller I, Pearlstein T, **Howard M**. Postpartum depression in women on public assistance: Pilot study of an interpersonally-oriented group intervention. Paper presentation at the Marcé Society International Biennial Scientific Meeting, Sydney, Australia, September 27, 2002.
14. **Howard M**, Pearlstein T. Mother-Baby Day Hospital for postpartum depression: Development and implementation. Abstract and paper presentation at the 2<sup>nd</sup> World Congress on Women's Mental Health, Washington D.C., March 18, 2004.
15. **Howard M**, Battle CL, Pearlstein T. Mother-Baby Unit for postpartum depression: A partial hospital model. Abstract and paper presentation at the Marcé Society International Biennial Scientific Meeting, Oxford University, United Kingdom, September 25, 2004.
16. Battle CL, Zlotnick C, Pearlstein T, **Howard M**, Miller IW. Depression and breastfeeding: Which postpartum patients take antidepressant medications? Abstract and poster presentation at the 2005 Convention of the American Psychological Association, Washington, D.C., August 18, 2005.
17. **Howard M**, Battle CL, Pearlstein T. A US-Based Mother-Baby Unit: Development and Current Status following Six Years of Patient Services. Abstract, poster and roundtable presentation at the 33<sup>rd</sup> Annual Conference of the North American Society for Psychosocial Obstetrics and Gynecology, Kohala Coast, Hawaii, February 9-11, 2006.
18. **Howard M**, Strawbridge E. The First 12 Months: Enhancing the Role of Pediatricians in

- Identifying Postpartum Depression Abstract, workshop and paper presentation at the 22<sup>nd</sup> Annual conference of Postpartum Support International, Houston Texas, June 4-7, 2008.
19. **Howard M**, Miller M, Jain N, Bourgeily G, Neonatal death as a result of maternal suicide attempt. Abstract and paper presentation at the 4<sup>th</sup> meeting of the International Society of Obstetric Medicine, Washington D.C. September 21-22, 2008.
  20. **Howard M**, Creech S, Capezza N, Fiorito C, Pearlstein T, Zlotnick C. Partner abuse in perinatal women involved in psychiatric treatment. Abstract and paper presentation at the International Marcé Society Conference, Pittsburgh, PA, October 27-30, 2010.
  21. **Howard M**, Battle C, Creech S, Fiorito C, Pearlstein T, Zlotnick C. Ten years later: Changes in clinical and demographic profile of perinatal women seeking day hospital treatment. Abstract and paper presentation at the International Marcé' Society Conference, Pittsburgh, PA, October 27-30, 2010.
  22. **Howard M**, Bullard E, Meltzer-Brody S, Rubinow D. Mother-Baby Units in the US: Are we finally gaining traction? Abstract and poster presentation at the 4<sup>th</sup> World Congress on Women's Mental Health, Madrid, Spain March 16-19, 2011.
  23. Schofield CF, Battle CL, **Howard M**, Ortiz-Hernandez S. Detection of the anxiety disorders in a perinatal psychiatric sample. Abstract and poster presentation at the Annual meeting of the North American Society for Psychosocial Obstetrics and Gynecology, Providence, RI, April 22-25, 2012.
  24. **Howard M**, Grause AM, Freidman CF, The Women & Infants Hospital/Brown University Mother-Baby Unit in Providence RI, USA. Abstract and oral poster presentation at the Marcé Society Biennial Congress, Paris, France, October 3-5, 2012.
  25. Schofield CF, Battle CL, **Howard M**, Ortiz-Hernandez S. Detection of the anxiety disorders in a perinatal psychiatric sample. Abstract and poster presentation at the Marcé Society Biennial Congress, Paris, France, October 3-5, 2012.
  26. Sockol LE, Battle CE, **Howard M**, Predictors of impaired mother-infant bonding in a partial hospitalization setting for perinatal women. Abstract and poster presentation at the 16<sup>th</sup> Annual Research Symposium on Mental Health Sciences, DPHB, Warren Alpert Medical School, Butler Hospital campus, Providence RI, April 2, 2013.
  27. **Howard M**, Battle CE, Schofield CF, Mother-Baby Day Hospital Care: Maximizing Success and Meeting Challenges. Abstract and oral symposium presentation, American Psychiatric Association Annual Convention, San Francisco, CA, May 22, 2013.
  28. Sockol L, Battle CE, **Howard M**. Factors associated with impaired mother-infant bonding in a postpartum psychiatric sample. Abstract and oral symposium presentation at the Perinatal Mental Health Meeting, Chicago, IL, November 6-8, 2013.
  29. Battle CL, Weinstock L, & **Howard, M**. Bipolar disorder during the perinatal period: Self-reported

- mania in a treatment-seeking population and implications for clinical care. Abstract and oral presentation at the Perinatal Mental Health Conference, Chicago, IL, November 6-8, 2013.
30. Battle CE, Weinstock L, **Howard M**, Bipolar disorder during the perinatal period: Screening for mania in an interdisciplinary obstetrical hospital setting. Abstract and poster presentation at the Association for Behavioral and Cognitive Therapies 47th Annual Convention, Nashville, TN, November 22, 2013.
  31. Sockol L, Battle CE, **Howard M**, Davis T, Predictors of impaired mother-infant bonding in a partial hospitalization setting for perinatal women. Abstract and poster presentation at the Association for Behavioral and Cognitive Therapies 47th Annual Convention, Nashville, TN, November 22, 2013.
  32. **Howard M**, Kaplan D, D'Eletto S, Ask the Pediatrician: Bridging Pediatrics and Perinatal Mental Health. Abstract and workshop presentation, 28<sup>th</sup> Annual Conference of Postpartum Support International, Chapel Hill, North Carolina, June 19-20, 2014.
  33. **Howard M**, Battle CE. Keeping the family together: Benefits of a daytime mother-baby unit. Abstract and workshop presentation, at the International Marce Society Biennial Scientific Conference, Swansea Wales, September 10-12, 2014.
  34. **Howard M**, Battle CE, Sockol L, D'Eletto S. What about the baby? Postpartum depression and maternal bonding. Abstract and oral presentation at the International Marce Society Biennial Scientific Conference, Swansea, Wales, September 10-12, 2014.
  35. Hudepohl N, **Howard M**. Training future perinatal psychiatrists: Establishing a women's mental health fellowship. Abstract and poster presentation at the International Marce Society Biennial Scientific Conference, Swansea, Wales, September 10-12, 2014.
  36. Battle CE, **Howard M**, et al. Understanding factors that influence treatment decisions of perinatal women with bipolar disorder: A new mixed methods study. Abstract and poster presentation at the 2<sup>nd</sup> Biennial Perinatal Mental Health Conference, Chicago, IL, November 4-6, 2015.
  37. Hudepohl, N, Battle CE, **Howard M**. Establishing competencies for advanced training in reproductive psychiatry. Abstract and poster presentation at the 2<sup>nd</sup> Biennial Perinatal Mental Health Conference, Chicago, IL, November 4-6, 2015.
  38. **Howard M**, Birndorf C. Implementation of partial hospital MBUs: Gaining traction in the US. Abstract and oral presentation at the International Marce Society Biennial Scientific Conference, Melbourne, Australia, September 26-28, 2016.
  39. **Howard M**, Battle CE. Women & Infants Hospital MBU: US model of care. Abstract and oral symposium presentation at the International Marce Society Biennial Scientific Conference, Melbourne, Australia, September 26-28, 2016.
  40. Hudepohl N, **Howard M**, Battle CE. Advanced training in reproductive psychiatry: Working towards the establishment of core competencies. Abstract and poster presentation at the International Marce Society Biennial Scientific Conference, Melbourne, Australia, September 26-28, 2016.

41. **Howard M**, Battle CE, Pineda J. Glimmers of Hope: Updates in US perinatal screening guidelines and implications for treatment. Symposium Co-chair, abstract and oral presentation at the International Marce Society Biennial Scientific Conference, Melbourne, Australia, September 26-28, 2016.
42. Weinstock, L.M., **Howard M.**, Celis-deHoyos, C., Johnson, J.E., Pearlstein, T., & Battle, C.L. Understanding factors that influence treatment decisions of perinatal women with bipolar disorder: A new mixed methods study. Abstract and poster presentation at the annual meeting of the International Society for Bipolar Disorders, Washington, DC. May, 2017.
43. Battle CB, Gogne A, **Howard M**, Trauma exposure among perinatal women seeking care at a psychiatric partial hospitalization program. Abstract and poster presentation at the 3<sup>rd</sup> biennial Conference of the Perinatal Mental Health Society, Chicago, IL, November 6-10, 2017.
44. Battle CB, Rossi R, **Howard M**. Evaluation of Pre-Post outcomes among women treated at the Women & Infants Day Hospital program. Abstract and poster presentation at the 3<sup>rd</sup> biennial Conference of the Perinatal Mental Health Society, Chicago, IL, November 6-10, 2017.
45. Erisman S, **Howard M**. Dialectical behavior therapy for perinatal mood disorders. Pre conference workshop presented at the 3<sup>rd</sup> biennial Conference of the Perinatal Mental Health Society, Chicago, IL, November 6-10, 2017.
46. **Howard M (Chair)** Osborne, L, Nagle-Yang S, Hudepohl N. Creating the national curriculum in reproductive psychiatry. Symposium presented at the 3<sup>rd</sup> biennial Conference of the Perinatal Mental Health Society, Chicago, IL, November 6-10, 2017.
47. **Howard M (Chair)** Keundig J, Nagalla M, Zantop V, Birndorf C, Boardman L. Mother-baby units in America: A concept taking hold. Symposium presented at the 3<sup>rd</sup> biennial Conference of the Perinatal Mental Health Society, Chicago, IL, November 6-10, 2017.
48. **Howard M (Chair)** Intensive Perinatal Mental Health Programs. Workshop presented at the 31<sup>st</sup> Annual Conference of Postpartum Support International, Houston Texas, July 11-15, 2018.
49. **Howard M** & Battle CB. Screening for PPD at well-child visits: Making headway in Rhode Island, USA. Abstract and oral presentation at the International Marce Society Biennial Scientific Conference, Bengaluru, India, September 26-28, 2018.
50. Erisman S, Gogne A, **Howard M**, Battle CB. Trauma and attachment in a sample of perinatal women attending a psychiatric partial hospitalization program. Abstract and oral presentation at the International Marce Society Biennial Scientific Conference, Bengaluru, India, September 26-28, 2018.
51. **Howard M**. “BPD: When it’s more than just a mood swing” Abstract and oral presentation in symposium “Managing Borderline Personality Disorder in the Perinatal Period” at the International Marce Society Biennial Scientific Conference, Bengaluru, India, September 26-28, 2018.

## **PEER-REVIEWED SCHOLARLY WORK PUBLISHED IN OTHER MEDIA**

Pearlstein T, Jain N, Zlotnick C, **Howard M**, Diaz S. Interactive case challenge. Dysphoric disorders in women: A case of premenstrual syndrome. Medscape Women's Health 3(5):wh 5646, 1998; <http://www.medscape.com>

Pearlstein T, Diaz S, **Howard M**, Zlotnick C, Jain N. Dysphoric disorders in women: A case of perinatal depression. Medscape Women's Health 3(4):wh 3067, 1998;<http://www.medscape.com>

**Howard M**, Pearlstein T. Postpartum depression. <http://pier.acponline.org/physicians/disease/d910>. [Date accessed: 2003 Apr 8] In: PIER (Physicians Information and Education Resource online database). Philadelphia, PA, American College of Physicians-American Society of Internal Medicine, 2003.

## **INVITED PRESENTATIONS**

1. "Food Obsessions: Anorexia Nervosa and Bulimia among Adolescents", Annual Diocesan CYO Convention, Carbondale, IL, March 1985.
2. "Alcohol, Drugs, and Human Behavior - The Riddles of Substance Abuse", Butler Hospital, Third Annual Public Information Program, Providence, RI, January, 1988.
3. "Managing Stress and Preventing Panic", Brown University Learning Community, Providence, RI, October, 1988.
4. "The Many Faces of Depression - Depression and Women's Problems", Butler Hospital, Fifth Annual Public Information Program, Providence, RI, October, 1990.
5. "Postpartum Depression", Patient Education Department Lecture, Women & Infants Hospital, Providence, RI, March 21, 1991.
6. "Sexual Abuse: Assessment and Treatment", Division of Behavioral Medicine Clinical Round Table, Miriam Hospital, Providence, RI, March, 1991.
7. "Sexual Abuse: Diagnostic and Treatment Challenges", Butler Hospital Professional Lecture Series, Providence, RI, May, 1991.
8. "Sexual and Physical Abuse: From Survival to Recovery", Butler Hospital, Seventh Annual Public Information Program, Providence, RI, March, 1992.
9. "Sexual Trauma in Women Veterans", Presentation to Oregon State Congressional Aides, Portland Veterans Administration Hospital, Portland, OR, October, 1993.

10. "In the Wake of Tailhook: VA Treatment for Sexual Harassment and Assault of Women Veterans", VA PTSD Seminar, Vancouver, WA, October, 1993.
11. "Assessment and Treatment of Sexually Traumatized Women Veterans", Annual RCS Pacific Region Counselor Training, Palm Springs, CA, January, 1994.
12. "PTSD and the Aftermath of Sexual Trauma", Portland Veterans Administration Medical Center Psychology Intern Seminar Series, Portland, OR, February, 1994.
13. "Assessment and Early Intervention for Sexual Trauma", Department of the Army, 396<sup>th</sup> Combat Support Hospital, Vancouver Barracks, Vancouver, WA, March, 1994.
14. "Childhood Trauma and Adult Psychopathology", Veterans Administration Medical Center Psychology Intern Seminar Series, Portland, OR, March, 1995.
15. "Women Veterans Health Care Program", PTSD: Innovative Assessment & Treatment Conference, Portland, OR, September, 1995.
16. "PTSD: Current and Future Diagnostic Issues", The Counseling Center, Vancouver, WA, December, 1995.
17. "Sexual Harassment and Sexual Assault of Women in the Military", Prime Noon Conference Series, Veterans Administration Medical Center, Portland, OR, May, 1996.
18. "When it's More than the Blues - Postpartum Depression", Best Beginnings Conference, Warwick, RI, March, 1998.
19. "Women & Well-Being", The Amelia Smalletz Day for Women, Women & Infants Hospital, Providence, RI, June, 1998.
20. "Postpartum Psychiatric Disorders" Ob/Gyn Grand Rounds, Women & Infants Hospital, Providence, RI, September, 1998.
21. "Spectrum of Postpartum Psychiatric Disorders" Visiting Nurse Association, Pawtucket, RI, June 13, 2000.
22. "It's Not Over with the Birth: Postpartum Support", Best Beginnings Conference, Warwick, RI, March 2001.
23. "Postpartum Depression in Older Adolescents", Adolescent Self-Sufficiency Collaborative, Urban League, Providence, RI, September 26, 2001.
24. "Postpartum Depression: Recognition and Treatment", Department of Ob/Gyn, Westerly Hospital, Westerly, RI, October 3, 2001.

25. "Postpartum Depression: Recognition, Evaluation and Impact on Family Functioning", Children's Friend & Service, Providence, RI, October 17, 2001.
26. "Overview of Postpartum Psychiatric Disorders", Lincoln School Senior Biology Seminar, Providence, RI, November 1, 2001.
27. "Postpartum Psychiatric Disorders: Recognition and Treatment", Comprehensive Community Action Project, Providence, RI, November 8, 2001.
28. "Prevention and Screening for Postpartum Depression" Women's Health Access Newsletter, Interview with Women's Health America, Madison, IL, November 27, 2001.
29. "Depression in Women", Educational lecture sponsored by Pfizer, Providence, RI, February 21, 2002.
30. "Postpartum Depression", Educational seminar for First Year Brown Medical School students, Brown University, Providence, RI, April 23, 2002.
31. "Postpartum Depression: Recognition and Treatment", Department of Ob/Gyn, South County Hospital, Westerly, RI, July 18, 2002.
32. "Postpartum Depression: Recognition and Treatment", Child & Family Services of Newport County, Newport Hospital, Newport, RI, September 26, 2002.
33. "Postpartum Depression: Recognition and Treatment", Morton Hospital and Medical Center, Taunton, MA, October 17, 2002.
34. "Postpartum Psychiatric Disorders: Recognition and Treatment", Brown University Psychology Intern Seminar, Butler Hospital, Providence, RI, October 30, 2002.
35. "Postpartum Depression", Educational seminar for Brown Medical School students in MOM'S program, Brown University, Providence, RI, February 12, 2003.
36. "Postpartum Psychiatric Disorders: Recognition and Treatment", Seminar for Family Medicine Ob-Gyn Fellows, Memorial Hospital of Rhode Island, Pawtucket, RI, August 8, 2003.
37. "Infants and Children of Depressed Mothers: Impact of Postpartum Depression", 8<sup>th</sup> Annual Neonatology-Pediatric Conference, Taunton, MA, September 19, 2003.
38. "Infants and Children of Depressed Mothers: Impact of Postpartum Depression", 1<sup>st</sup> Annual Children's Friend Best Practice Conference, Warwick, RI, September 19, 2003.
39. "Mother-Baby Day Hospital for Postpartum Depression", 92<sup>nd</sup> Annual Meeting of the American Gynecological Club, Providence, RI, October, 17, 2003.
40. "Postpartum Depression", Healthy Mothers, Healthy Babies Coalition Meeting,

Providence, RI, December 3, 2003.

41. "Postpartum Depression", Educational seminar for Brown Medical School students in MOM'S program, Brown University, Providence, RI, February 11, 2004.
42. "Recognizing Postpartum Depression", Women & Infants Hospital Indemnity Program 1<sup>st</sup> Annual Pediatric Conference, Warwick RI, September 18, 2004.
43. "Postpartum Psychiatric Disorders: Recognition and Treatment", CME seminar for Neighborhood Health Plan providers, Woburn, MA, October 27, 2004.
44. "Postpartum Depression: Recognition and Treatment", Face of Women's Health 18-44 Health Literacy & Cultural Awareness Conference, Warwick, RI, November 16, 2004.
45. "Depressive Disorders: Gender Differences, Recognition, and Response", in "A Program to Raise Awareness about Depression and Suicide among College Students and Other Young Adults", University of Rhode Island, Kingston, RI, November 22, 2004.
46. "Perspective on 'The Marriage of Bette and Boo'", Invited panelist for the 3<sup>rd</sup> Biannual Rhode Island Hospital Psychiatry and the Arts Program, Warren, RI, May 11, 2005.
47. "Development and Implementation of the Day Hospital", The Regional Office of Women's Health and the Center of Excellence, Providence RI, August 4, 2005.
48. "Postpartum Depression", Lifespan Hospitals Health & Benefits Lecture Series, Rhode Island Hospital, Providence, RI, September 26, 2006.
49. "Postpartum Depression: An Overview", RI Association for Infant Mental Health, Bradley Hospital, East Providence, RI, October 17, 2006.
50. "Beyond the Baby Blues: Postpartum Depression", Master Class Seminar for the Infant Parent Training Institute, Waltham, MA, March 2, 2007.
51. "Postpartum Depression and the Day Hospital at WIH", OB-GYN Grand Rounds, Memorial Hospital of Rhode Island, Pawtucket, RI, April, 19, 2007.
52. "Depression in Antepartum and Postpartum Women: Using Antidepressants Before, During and After Pregnancy", panelist with Amy Salisbury, Ph.D., APRN, 30<sup>th</sup> Annual Seminar on Current Concepts in Fetal & Neonatal Care, RI Convention Center, Providence, RI, May 3, 2007.
53. "Research Based Model of Primary Intervention", Keynote address at the Annual Conference of the Suffolk Perinatal Coalition, Smithtown, New York, May 18, 2007.
54. "A New Paradigm for Depression in New Mothers", Invited panelist for continuing education seminar hosted by Psychological Centers, Inc. and University of RI, October 9, 2007.



55. “The Warren Alpert Medical School of Brown University Faculty Development Workshop”, Invited panelist, Brown University, Providence, RI December 18, 2007.
56. “U.S. Based Mother-Baby Day Hospitals: Why Can’t There Be More?” Keynote address at the 22<sup>nd</sup> Annual conference of Postpartum Support International, Houston, Texas, June 4-7, 2008.
57. “Comprehensive Community Treatment Model for Postpartum Depression: What Works, What Doesn’t” Invited keynote address at the Annual meeting of the Southern New Jersey Perinatal Cooperative, Princeton, New Jersey, October 10, 2008.
58. “Postpartum Depression: Screening, Recognition and Treatment” Invited lecturer, Rhode Island Hospital Social Work Dept. Providence, RI November 19, 2008.
59. “The Women & Infants Day Hospital Model: Marketable in America?” Invited address at the 35<sup>th</sup> Annual Meeting of the North American Society for Psychosocial Obstetrics and Gynecology, New Haven, CT, February 4-7, 2009.
60. “Postpartum Depression: Diagnosis & Treatment”, Invited address at the 32<sup>nd</sup> Annual Current Concepts: Issues in Perinatal and Neonatal Care Seminar, Warwick, RI, May 6, 2009.
61. “Recognizing and Responding to Postpartum Psychiatric Disorders”, Doulas of North America (DONA) regional training, East Greenwich, RI, August 11, 2009.
62. “Postpartum Depression: Diagnosis & Treatment”, Invited address for Providence Community Health Centers, Providence, RI, September 10, 2009.
63. “Postpartum Depression: Recognition & Treatment”, Webinar sponsored by the National Perinatal Information Center, November 12, 2009.
64. “When it’s more than the “Baby Blues’: Recognizing Perinatal Depression”, OB-Gyn Grand Rounds, Memorial Hospital of Rhode Island, Pawtucket, RI, January 21, 2010.
65. “Postpartum Psychiatric Disorders and the Day Hospital Treatment Program”, Rhode Island College Nursing student seminar, April 23, 2010.
66. “Women & Infants’ Day Hospital for PPD: A Mother-Baby Treatment Model”, Invited workshop at the 21<sup>st</sup> Annual conference of the Partners in Perinatal Health, Norwood, MA, May 18, 2010.
67. “Postpartum Depression”, Invited presentation at the 5<sup>th</sup> Annual training for Children’s Friend and Service, Warwick, RI August 27, 2010.
68. “Being a psychologist and the Day Hospital at Women & Infants Hospital”, Invited presentation, Biomedical Club, The Wheeler School, Providence, RI, March 4, 2011.

69. “Perinatal Mood Disorders”, Keynote trainer for 2<sup>nd</sup> Annual Perinatal Mood Disorders conference, Riverside, CA, April 19, 2011.
70. “1:123” Invited discussant, Perishable Theater, Providence, RI April 21, 2011.
71. “Impact of Intimate Partner Violence on Mental Health”, Invited panelist for Women’s Health Council Conference on Intimate Partner Violence: Identification, Intervention & Community Resources, Providence, RI, May 18, 2011.
72. “Partner Abuse in Perinatal Women Involved in Psychiatric Treatment”, Invited presentation at the Perinatal Mood Disorders: Co-Morbidities, Management & Recovery Conference, Edison, New Jersey, June 15, 2011.
73. “Mother-Baby Day Hospital at Women & Infants Hospital”, Keynote address at the 25<sup>th</sup> Annual Postpartum Support International meeting, Seattle Washington, September 14-18, 2011.
74. “Intimate partner Violence in Perinatal Women”, Invited presentation at the Perinatal Mood Disorders: Co-Morbidities, Management & Recovery Conference, Mt. Laurel New Jersey, October 19, 2011.
75. “Perinatal Mood Disorders” Invited presentation at Infant-Parent Behavioral Health: Challenges and Meeting the Needs of Families, Englewood, New Jersey, November 15, 2011.
76. “Postpartum Depression: An American Model of a Mother-Baby Treatment Unit”, Grand Rounds, The William W. Backus Hospital, Norwich, CT, December 15, 2011.
77. “Neonatal Effects of Substance Abuse and Treatments and Perinatal PTSD”, Marcé Society Symposium Chair, Annual Meeting of the North American Society for Psychosocial Obstetrics and Gynecology, Providence, RI April 24, 2012.
78. “WIH Day Hospital Model” Invited speaker for inaugural monthly telephone seminar series on Perinatal Mental Health Inpatient & Intensive Outpatient Treatment Programs sponsored by the California Maternal Mental Health Collaborative & Postpartum support International, August 29, 2012.
79. “The Women & Infants Hospital/Brown University Mother-Baby Unit in Providence, RI, USA”, Invited Poster/Oral presentation on Mother-Baby Units World-Wide, Marcé Society Biennial Congress, Paris, France, October 3-5, 2012 (also included under Abstracts section).
80. “Parent-Child Interaction and Mother-Baby Unit Care” Invited session chair, Marcé Society Biennial Congress, Paris, France, October 5, 2012.
81. “A Conversation Hour with Women Leaders in Health Care Settings” Invited speaker, Brown University Department of Psychiatry and Human Behavior, Division of Clinical Psychology, Women in Psychology, Coro Center, Providence, RI, October 23, 2012.

82. “Women & Infants Perinatal Behavioral Health Services” Invited panelist, WIH Partnering with Parents, the Medical Home and Community Partners-Maternal/Infant Mental Health Services and Solutions Workshop, WIH, Providence, RI January 28, 2013
83. “Day Hospital for High Risk Pregnancy Patients” Invited poster presentation at 2<sup>nd</sup> Annual Behavioral Health Quality conference, Butler Hospital, September 26, 2013.
84. “Patient Satisfaction Initiative: WIH and Butler Partial Hospital Programs” Invited poster presentation at 2<sup>nd</sup> Annual Behavioral Health Quality conference, Butler Hospital, Providence, RI, September 26, 2013.
85. “Maternal Depression: What does it look like, what’s at stake, and how can we help?” Invited presentation at Rhode Island Healthy Mothers, Healthy Babies Coalition, Thundermist Health Center, West Warwick, RI, December 4, 2013.
86. “Day Hospital Program: Who and When to Refer” Invited guest speaker, WIH Health Educators Meeting, Providence, RI, January 23, 2014.
87. “Perinatal Depression: Recognition and Treatment” Academic Grand Rounds, Department of Psychiatry, Indiana University, Indianapolis, Indiana, April 25, 2014.
88. “Strategies for Faculty Promotion” Breakout session leader for the Brown BioMed Promotion Workshop for Faculty in Clinical Departments, Brown Medical School, Providence, RI, April 30, 2014.
89. “Strategies for Improving Outcomes for Peripartum Women”, Substance Abuse and Mental Health Services Administration (SAMHSA) meeting, Rockville, MD, May 29-30, 2014.
90. “Mother-Baby Psychiatric Partial Hospital at Women & Infants Hospital of Rhode Island”, 2014 CWISH Annual Conference, Newark, Delaware, October 25, 2014.
91. "When It's More Than Just the Blues: Update on Perinatal Mood and Anxiety Disorders", Educational Event Forum sponsored by Saint Clare's Health System, Denville, New Jersey. October 30, 2014.
92. “Navigating Faculty Promotions Process” Invited Discussant, Office of Women in Medicine and Science Seminar Series, Brown University, Providence RI, November 5, 2014.
93. “The Postpartum Depression Day Hospital”, Invited Speaker, Interagency Coordinating Committee, Women & Infants Hospital, Providence, RI, March 19, 2015.
94. “Perinatal Mental Health Care: Glimmers of Hope” Keynote Address, 26<sup>th</sup> Annual Partners in Perinatal Health Conference, Norwood, MA, May 12, 2015.
95. “Postpartum Depression and the Women & Infants Mother-Baby Day Hospital”, Keynote

- Address, Bi-Annual Mead Johnson Perinatal Nursing Conference, Norwood, MA, May 14, 2015.
96. “When Love Isn’t Enough: Impairments in Maternal Bonding. Invited presentation. Reproductive Psychiatry Seminar, La Teppe Medical Center, Tain L’Hermitage, France, October 1-2, 2015.
  97. “Improving Mental Health Care for Women: A Mother-Baby Psychiatric Day Hospital”. American Hospital Association Webinar, October 7, 2015
  98. “Postpartum Depression and the Women & Infants Mother-Baby Day Hospital”, Keynote Address, Bi-Annual Mead Johnson Perinatal Nursing Conference, Burlington, MA, Oct 15, 2015.
  99. “Genesis of the WIH Mother-Baby Day Hospital” Invited Lecture, Postpartum Resource Center of NY Visioning Series, NY, NY, October 24, 2015.
  100. “Sharing expertise from WIH/Brown Mother-Baby Unit”, Invited speaker, 2<sup>nd</sup> Biennial Perinatal Mental Health Conference, Chicago, IL November 6, 2015.
  101. “Peripartum Depression: An update” National Perinatal Information/Quality Analytic Services Webinar, November 10, 2015.
  102. “Maternal Mental Health: Why Wellness Matters”. Invited lecture, Physician Assistant seminar, Bryant University, Smithfield, RI, May 13, 2016.
  103. “Maternal Mental Health: Why Depression Detection Matters”. Invited lecture, Visiting Nurses Service of Newport and Bristol Counties Annual Meeting, Salve Regina University, Newport, RI, May 25, 2016.
  104. “Update on Postpartum Depression”. Maternal Fetal Medicine Grand Rounds, Women & Infants Hospital, Providence, RI, May 26, 2016.
  105. “Improving Mental Health Care for Perinatal Women: A Mother-Baby Psychiatric Day Hospital” Centre for Women’s Health, Royal Women’s Hospital, Melbourne, Australia, October 4, 2016.
  106. “Perinatal Emotional Complications: What are they and who is at Risk?” Invited keynote address, Annual Meeting of the National Perinatal Association, Atlanta, Georgia, March 9, 2017.
  107. “Peripartum Depression” Invited Address, Women’s Symposium, Florida Hospital for Women, Orlando, Florida, April 21, 2017.
  108. “Screening for Postpartum Depression: Why Pediatricians Matter” Invited lecture at annual meeting of the Patient-Centered Medical Home-Kids of Rhode Island, Providence, RI April 26, 2017.

109. “Is it my Life or is it my Hormones? Women’s Mental Health across the Lifespan” Invited speaker for Distinguished Lecture Series, Florida Hospital for Women, Orlando FL, May 31, 2017.
110. “Women’s Mental Health: Impact of the Peripartum Period” Invited lecture, Physician Assistant seminar, Bryant University, Smithfield, RI June 2, 2017.
111. “Maternal Mental Health” Panelist for 2020mom Webinar, August 25, 2017.
112. “It’s More than Just the Blues: Update on Peripartum Mood and Anxiety Disorders” Keynote address for Bridge from Mom to Baby Conference, Danville, PA October 6, 2017.
113. “Pregnancy and Addiction: Co-morbidities, Complications and Why the Conversation Matters” Invited workshop, Bridge from Mom to Baby Conference, Danville, PA October 6, 2017.
114. “Improving Mental Health Care for Perinatal Women: A Mother-Baby Psychiatric Day Hospital”. Invited presentation at the 1<sup>st</sup> European Regional Conference: From Perinatal to Early Childhood Mental Health-Prevention and Clinical Practice. Budapest, Hungary, May 8-11, 2019.

### **MEDIA INTERVIEWS**

1. “Rape in the Military”, Interview with Tom Jarriel for ABC TV News “20/20” Program, November 15, 1996.
2. “Postpartum Depression”, Interview with Women’s Talk Health Program, WHJJ Radio, Providence, RI, April, 1998.
3. “Women and Depression and Anxiety”, Interview with Women’s Talk Health Program, WHJJ Radio, Providence, RI, April 1998.
4. “Postpartum Depression” Interview with Barbara Rowley for Parenting Magazine, March 22, 2000.
5. “Postpartum Depression”, Interview with Scott Turner for the George Street Journal, Brown University Publication, Vol. 24, No. 23, April, 2000.
6. “Postpartum Depression and Day Hospital Operation”, Interview with ABC Channel 6 TV News, May 17, 2000.
7. “Postpartum Depression and Day Hospital Operation”, Interview with Barbara Morse, NBC Channel 10 TV News, May 20, 2000.
8. “Sex & Marriage Column”, Interview with Holly Robinson for Parent’s Magazine, August 2000.

9. "The Trauma of birth - Why do Some Women Show Signs of Post-Traumatic Stress Disorder after Childbirth", Interview with Michele Bloomquist for WebMD article, September 1, 2000.
10. "Post-Traumatic Stress Disorder vs. Postpartum Depression - Here's How to Tell the Two Conditions Apart", Interview with Michele Bloomquist for WebMD article, September 4, 2000.
11. "Why Are New Moms So Moody?", Interview with Rebecca Banks Zakin for Parents Magazine, September, 19, 2000. February 2002 issue.
12. "Emotions Associated with Pregnancy", Interview for sidebars on postpartum depression and the Women & Infants Day Hospital", Healthy Regards, winter 2000 issue.
13. "Coping with childbirth", Interview with Marie Stone for WebMD, July, 2000.
14. "Postpartum Depression", Interview with Steve Cass for WPRO radio morning show, June 21, 2001.
15. "Postpartum Depression", Interview with Felice Freyer for Providence Journal article, June 21, 2001.
16. "Postpartum Depression", Interview with Jim Hummel for ABC, Channel 6 TV News, June 21, 2001.
17. "Postpartum Depression", Interview with Nicole Muri for CBS, Channel 12 TV News, June 21, 2001.
18. "A Mother's Despair", Interview with Megan Southard for East Bay Window, July 2001.
19. "Depression during Pregnancy", Interview with Heather Durocher for iParenting.com (<http://pregnancytoday.com>) and Pregnancy magazine, November 2001.
20. "Depression during pregnancy", Interview with Lauren Picker for Redbook magazine, April 2002 issue, December 10, 2001.
21. "Postpartum Depression", Interview with Michele Meyer for Parade magazine, February 25, 2002.
22. "Depression during Pregnancy", Interview with Mike Boudo for NBC News, Boston, MA, March 20, 2002.
23. "Depression during Pregnancy", Interview with Elizabeth McCarthy for Ivanhoe

Broadcast News, March 25, 2002.

24. "Postpartum Depression", Interview with Linda Paris for Woman's World magazine, April 8, 2002.
25. "Unexpected Pregnancies", Interview with Jennifer Reents for ePregnancy Magazine, July 2002.
26. "Depression during Pregnancy", Interview with Lain Ehmann for ePregnancy Magazine, May 1, 2002, Fall issue, 2002.
27. "Emotional After-Effects of Caesarean-Section", Interview with Angie Roberts of Bungalow Productions, May 23, 2002.
28. "Anxiety during Pregnancy and Postpartum Depression", Interview for Southern New England Baby Magazine, May 29, 2002.
29. "Reducing Stress During Pregnancy", Interview with Laurie Tarkan for Fit Pregnancy Magazine, October 7, 2002.
30. "Day Program Helps Depressed New Mothers", Interview with Laura Mead Kirk for the Providence Journal, March 30, 2003.
31. "Questions and Answers", Interview with Heather Happonja for ePregnancy Magazine, April 25, 2003.
32. "Bonding with Your Fetus", Interview with Suzanne Pajot for ABC, Channel 6 TV News, May 21, 2003.
33. "How to feel like yourself again after having a baby" Interview with Katherine Bontrager for Pregnancy Magazine, October 1, 2003.
34. "Postpartum Depression: Can it be prevented?" Interview with Vanessa Ahern for Pregnancy Magazine, November 9, 2003.
35. "Breastfeeding and Sexuality" Interview with Holly Robinson for American Baby Magazine, November 19, 2003.
36. "When Mom's Depressed: Signs, Symptoms, and How to Get the Help You Need", Interview with Jennifer Lacey for Babyzone.com, February 16, 2004.
37. "Psychological changes in pregnancy during your 20's, 30's & 40's", Interview with Sandra Gordon for Parents Expecting Magazine, April 23, 2004.
38. "How Pregnancy can Affect a Woman's Psyche", Interview with Dean Schabner of ABCNEWS.com, May 7, 2004.

39. “Postpartum Depression”, Interview with Susan Kushner Resnick for the Health & Fitness Monthly section of the Providence Journal, July 25, 2004.
40. “Postpartum Depression”, Interview with Sarah Schmelling for Vim & Vigor Magazine, September 21, 2004.
41. “Researchers Laud Codey Plan to Screen for Postpartum Depression”, Interview with Angela Delli Santi of the Associated Press for The Trenton Times, January 11, 2005.
42. “Treatment of Depression during Pregnancy”, Interview with Melanie Allison for Pregnancy Magazine, February 16, 2005.
43. “Day by Day” (Day Hospital Program at Women & Infants Hospital), Interview with Kris Cambra for Brown Medicine Magazine, February 28, 2005.
44. “Postpartum Depression and The Day Hospital Program at Women & Infants Hospital”, Interview with Barbara Morse Silva for NBC Channel 10 TV News, March 18, 2005.
45. “Postpartum Depression”, Interview with Ron St. Pierre of WPRO News Radio, March 24, 2005.
46. “Impact of Pregnancy on Body Image”, Interview with Kate Kelley for American Baby Magazine, July 6, 2005.
47. “Postpartum Depression”, Interview with Julia Lawlor for Parents Magazine, November 7, 2005.
48. “Depression during Pregnancy”, Interview with Liza Burby for Parents Magazine, January 20, 2006.
49. “Postpartum Psychosis”, Interview with Denise O’Connell for ePregnancy Magazine, January 24, 2006.
50. “Postpartum Depression”, Interview with Julie Brill for Boston Parents Paper, February 2, 2006.
51. “Can pregnant women shake off depression”, Interview with Rita Rubin for USA Today, March 12, 2006.
52. “Depression in Dads in the Postpartum Period”, Interview with Amy Leman for ePregnancy Magazine, March 9, 2006.
53. “Postpartum Depression”, Interview with WPRO Radio, May 16, 2006.
54. “Postpartum Depression: Who is at Risk?” Interview with Nicole Palacios, August 4, 2006.



55. "Postpartum Obsessive Compulsive Disorder", Interview with Lindsey Hadwin for ProfNet, August 8, 2006.
56. "Depression during Pregnancy", Interview with Jamie Lawson for Pregnancy and Newborn Magazine, October 18, 2006.
57. "Treatment & Models of Care for Perinatal Depression", Interview with Jennifer Chase Esposito for New England Psychologist Magazine, November 6, 2006.
58. "Postpartum Psychiatric Illness", Interview with Pam Berard for New England Psychologist Magazine, January 3, 2007.
59. "Mood changes during Pregnancy", Interview with Liz Rusch for Fit Pregnancy Magazine, April 16, 2007.
60. "Postpartum Depression: Signs and Symptoms" Interview with Marisa Cohen for Baby Talk Magazine, March 23, 2009.
61. "Postpartum Anxiety Disorders" Interview with Kate Rope for Cookie Magazine, May 15, 2009.
62. "Mother-Baby Units for Postpartum Depression: A Comparison of 2 Models of Care", Interview with Bonnie Rochman for Parenting Magazine, May 27, 2009.
63. "The Day Hospital Program for Perinatal Psychiatric Disorders at Women & Infants Hospital", Interview with Nancy Kirsch for the Jewish Voice and Herald, February 16, 2010.
64. "Postpartum Depression and Anxiety Disorders", Interview with Linda Wasmer Andrews for Lifescript.com, September 7, 2010.
65. "Postpartum Depression", Interview with Becky DiStefano for golocalprov.com, September 14, 2010.
66. "Don't Let Depression Hurt Your Pregnancy", Interview with Linda Wasmer Andrews for Lifescript.com, December 10, 2010.
67. "Postpartum Anxiety", Interview with Stacey Colino for American Baby Magazine, June 6, 2011.
68. "RI hospitals name top health issues" Interview with Janine Weisman for the New England Psychologist, pg 8, July, 2013.
69. "Motherhood, Emotional Well-being and the WIH Day Hospital", Interview with Valerie Lauer of True North Custom Media for Healthy Regards newsletter, June 6, 2013.

70. “Raise the Curtain” film documentary, Interview with Soren Sorensen, July 23, 2013.
71. “Why Are America’s Postpartum Practices So Rough on New Mothers?” Quoted in article by Hillary Brenhouse, Newsweek/The Daily Beast, August 15, 2013.
72. “The Importance of Gratitude”, Interview with Valerie Lauer of True North Custom Media for Health Regards newsletter, September 6, 2013.
73. “Postpartum Mood Disorders and Impact on Attachment”, Interview with Rachel Aviv, New Yorker Magazine, October 22, 2013.
74. “Dark Side of the Full Moon”, film documentary, Interview with Maureen Fura, March 21, 2014.
75. “Importance of Maternal Mental Health”, RI KidsCount TV program Providence, RI, April 28, 2014.
76. “Postpartum Depression: Signs, Symptoms, and Treatment”, The Rhode Show, Channel 12, Providence, RI May 20, 2014.
77. “What Doctors Tell Their Friends About” Interview with Stephanie Wood for Redbook Magazine column, December 10, 2014.
78. “Beasts of Burden” Interview with Kaitlyn Murray for Rhode Island Monthly Magazine, September issue, 2015.
79. “Pregnancy Depression Screening” Interview with Barbara Morse Silva for WJAR NBC TV News, February 2, 2016.
80. “Five Questions With: Margaret Howard” Interview with Nancy Kirsch for Providence Business News, April 4, 2016.
81. “The Darker Side of Pregnancy” Interview with Stacey Colino for US News and World Report, April 13, 2016.
82. “Managing Maternal Mental Health Disorders Utilizing Standardized Screening Tools and Individualized Care” Interview with Kimberly Ellison for HealthCare Business Insight’s Efficiency & Effectiveness Journal, October 18, 2016.
83. “Paternal Depression or Male PPD?” Interview with Matthew Villano for Men’s Health, May 4, 2017.
84. “Perinatal Anxiety” Interview with Catherine Pearson for the Huffington Post, June 13, 2017.
85. “This Truly Saved my Life” Interview with G. Wayne Miller for Providence Journal, October

22, 2017.

86. “Depression in Women: When to Seek Help” Interview with Stacia Affelt for Prevention Magazine, August 7, 2018.
87. “Statewide Screening for Postpartum Depression” Interview with Barbara Morse Silva for WJAR NBC TV News, December 14, 2018.
88. “Impact of USPSTF recommendations on Depression Screening and Referral of at risk Pregnant Women”. Interview with Stacey Colino for EverydayHealth.com, March 12, 2019.

## **GRANTS**

“Partnership Development Programs/Substance Abuse Initiatives” (Co-Director) This grant was a treatment outcome study for substance abusing pregnant and postpartum women with co-morbid psychiatric disorders.

The Rhode Island Department of Mental Health, Retardation and Hospitals, Division of Behavioral Health Care

Dates of Project: 8/2001-8/2003

Total Direct Cost: 99,990.00

“Placebo-Controlled Trial of Sertraline and Interpersonal Psychotherapy for Postpartum Depression” (Co-Investigator) The major goal of this two-site project is to compare sertraline and interpersonal psychotherapy to placebo in women with postpartum depression in terms of efficacy on depressive symptoms, anxiety and social functioning.

Dates of project: 9/14/07-5/31/14

NIMH

Principal Investigator: Caron Zlotnick, Ph.D.

R01 MH074919

Annual Direct Cost: \$278,000.

“Development of a Home-Based Family Treatment for Postpartum Depression” (Co-Investigator)

Dates of Project: 11/1/08-4/30/12

NIMH

Principal Investigator: Cynthia Battle, Ph.D.

R34 MH083065

Total funds awarded: \$594,260

“Treatment Decisions for Perinatal Bipolar Disorder” (Co-Investigator)

Dates of Project: 12/01/14-10/31/17

NIMH

Principal Investigators: Cynthia Battle, Ph.D. & Lauren Weinstock, Ph.D.

R34 MH103570-01A1

Annual Direct Cost for Year 1: \$176,882.

“Safeguarding Two Lives: Expanding Early Identification & Access to Perinatal Mental Health & Substance Abuse Screening” (Co-Investigator)

Dates of Project: 9/20/2018—9/29/2023

HRSA

Principle Investigator: Jaime Cornella of RIDOH

Total Funds awarded: \$650,000.00

## **CONSULTANT ACTIVITIES**

### **Consultant:**

Alexian Brothers Health Care, Chicago, IL

Adult Depression Monitoring Guide-Families for Depression Awareness

Cedar Hills Hospital, Portland, OR

Swedish Medical Center, Seattle, WA

Florida Hospital for Women, Orlando, FL

Allegheny Medical Center, Pittsburgh, PA

Hartford Hospital/Institute of Living, Hartford, CT

Winnie Palmer Hospital, Orlando, FL

Drexel University, Philadelphia, PA

Glenbervie Health LLC, New York, NY

UC San Diego, San Diego, CA

St. Louis Children’s and Barnes Jewish Hospitals, St. Louis, MO

Columbia University, New York, NY

SUNY Upstate Medical Center, Syracuse, NY

UPMC-Pittsburgh, PA

South Oaks Hospital, Amityville, NY

Patient Centered Medical Home-Kids Pediatric Learning Collaborative, Providence, RI

Sage Therapeutics, Boston, MA

University of Colorado Medical School, Dept. of Psychiatry, Denver, CO

### **Ad Hoc Reviewer:**

Depression and Anxiety

Journal of General Internal Medicine

Archives of Women’s Mental Health

American College of Physicians-American Society of Internal Medicine Physicians’ Information & Education Resource (PIER)

## **UNIVERSITY TEACHING ROLES**

1990 - 1992

Psychiatry Residency Outpatient Psychotherapy Supervisor,  
Brown Medical School, Providence, RI

1991 - 1992	Psychology Intern and Post-Doctoral Supervisor, Brown Medical School, Providence, RI
1994 - 1997	Clinical Psychology Pre-Doctoral Supervisor, Pacific University, Forest Grove, OR
1998 - Present	Clinical Psychology Post-Doctoral Outpatient Psychotherapy Supervisor, Brown Medical School, Providence, RI
December, 1999	Core Curriculum Seminar on “Grief and Loss” for Ob-Gyn Residents, WIH, Brown Medical School, Providence, RI
2000 - Present	Psychiatry Residency (Adult & Triple-Board) Psychotherapy Supervisor, Brown Medical School, Providence, RI
(Jan-July) 2002 - 2015	Monthly Brown Medical School Pediatric Resident Seminar on Postpartum Depression, Providence, RI
2003 – 2014	Clinical Training Site and Primary Clinical Supervisor, elective rotation for addictive behaviors, neuropsychology, and child clinical-research focus tracks of clinical psychology residency, Brown Medical School, Providence, RI
2004 – 2013	Independent Study site and Community Health Clerkship site and core supervisor for 4 <sup>th</sup> Year Brown Medical Students
March, 2005	Core Curriculum Seminar for Ob-Gyn Residents on Postpartum Psychiatric Disorders, WIH, Brown University Medical School, Providence, RI
February, 2005	Guest Lecturer for PG-2 course on “Short-Term Psychodynamic Psychotherapy”, Butler Hospital, Brown University Medical School, Providence, RI
March, 2007	Primary Care Curriculum Seminar for Ob-Gyn Residents on “Recognition of Depression in Women”, WIH, Brown University Medical School, Providence, RI
Nov/ March 2007-2011	Seminar on “Postpartum Depression” for PG-2 General Internal Medicine Residents, RIH, Alpert Medical School of Brown University, Providence, RI
March- June 2008	Seminar on “Maternal Mental Health: Impact on Infants” for Senior Pediatric Residents and Nursing staff, WIH, Alpert Medical School of Brown University, Providence, RI

July, 2012--Present      Rotation Director, WIH Postpartum Depression Day Hospital-Adult Track, Brown University Clinical Psychology Internship Consortium, Providence RI

July, 2013—Present      Associate Director-Women's Mental Health Fellowship