Revised 11/12/26

CURRICULUM VITAE
Ethan Moitra

Department of Psychiatry & Human Behavior
Box G-BH, Duncan Bldg.
Providence, RI 02912
Phone: (401) 444-1949
Fax: (401) 455-0516
Email: ethan_moitra@brown.edu

EDUCATION

Undergraduate **University of Virginia**, Charlottesville, VA
B.A., Major: Psychology, Minor: Anthropology (2002)

Graduate **Drexel University**, Philadelphia, PA
M.S. in Clinical Psychology (2007)
Ph.D. in Clinical Psychology (2009)

Internship **West Virginia University Medical Center**, Morgantown, WV
Clinical Psychology Predoctoral Internship (2008-2009)

POSTGRADUATE TRAINING

Fellowship **Alpert Medical School of Brown University**, Providence, RI,
Postdoctoral Research Associate (2009-2011)

POSTGRADUATE HONORS & AWARDS

- Completed Clinical Internship *with distinction*, West Virginia University Medical Center (2009)
- Trainee, Qualitative Science & Methods Training Program, Brown University (2018)
- Scholar, mHealth Training Institute, University of California – Los Angeles (2022)
- Master of Arts *ad eundem*, Brown University (2022)

PROFESSIONAL LICENSES

- *Psychologist*, 2011-Present, Rhode Island License #PS01274

ACADEMIC APPOINTMENTS

- *Assistant Professor*, Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University, Providence, RI (2011 - 2020)
- *Associate Professor,* Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University, Providence, RI (2020 - 2026)
- *Professor,* Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University, Providence, RI (2026 - present)
- *Faculty,* Providence/Boston Center for AIDS Research (CFAR), Providence, RI (2020-present)

- *Primary Faculty,* Mindfulness Center, Brown University, Providence, RI (2022-present)

OTHER APPOINTMENTS

Editorial Board

- *Academic Editor*, PLOS ONE (2017-present)

Grant Review Committees

- *Merit review panelist*, Patient Centered Outcomes Research Institute (PCORI; 2018 - present)
- *Ad hoc reviewer,* HIV/AIDS Intra- and Inter-personal Determinants and Behavioral Interventions (HIBI) Study Section (NIMH; July 2022)
- *Reviewer*, Association for Contextual Behavioral Science Grants Committee (ACBS; October 2022 - present)
- *Ad hoc reviewer,* HIV/AIDS Intra- and Inter-personal Determinants and Behavioral Interventions (HIBI) Study Section (NIMH; March 2023)
- *Reviewer*, Association for Contextual Behavioral Science Early Career Mentoring Program (ACBS; January 2024 - present)
- *Ad hoc reviewer,* HIV/AIDS Intra- and Inter-personal Determinants and Behavioral Interventions (HIBI) Study Section (NIMH; March 2024)
- *Ad hoc reviewer,* Social Psychology and Interpersonal Processes: Social Isolation and Loneliness (SPIP) Study Section (NIMH; October 2024)
- *Standing member, Alternate Chair*, HIV/AIDS Intra- and Inter-personal Determinants and Behavioral Interventions (HIBI) Study Section (NIMH; January 2025 - present)

Ad Hoc Reviews (selected)

Acta Psychiatrica	Addiction	AIDS and Behavior	AIDS Care
AIDS Research & Therapy	American Journal of Addiction	Archives of General Psychiatry	BMC Psychiatry
Behaviour Research & Therapy	Clinical Psychologist	Cognitive and Behavioral Practice	Comprehensive Psychiatry
Depression and Anxiety	Developmental Neuropsychology	Drug and Alcohol Dependence	Journal of Affective Disorders
Journal of Contextual Behavioral Science	Journal of Studies on Alcohol and Drugs	Journal of Substance Abuse Treatment	Psychology of Addictive Behaviors
Psychological Medicine	Psychology of Consciousness	Psychiatry Research	Psychotherapy

UNIVERSITY COMMITTEES

- *Committee member*, Psychology Training Program Technology Committee, Brown University, Providence, RI (2015-2020)
- *Committee member*, Research Workstream subcommittee, Brown University, Providence, RI (2021-2023)
- *Committee member*, Anti-racism Steering Committee, Faculty Policies subcommittee, Department of Psychiatry & Human Behavior, Brown University, Providence, RI (2021-2025)
- *Committee member*, Faculty Policies Committee, Department of Psychiatry & Human Behavior, Brown University, Providence, RI (2025-present)
- *Equal employment opportunity (EEO) representative*, Quantitative Science Program Faculty Search Committee, Department of Psychiatry & Human Behavior, Brown University, Providence, RI (2026-present)

MEMBERSHIP IN SOCIETIES

- American Psychological Association
- Anxiety Disorders Association of America
- Association for Behavioral and Cognitive Therapies
- Association for Contextual Behavioral Science

PUBLICATIONS LIST

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

1. **Moitra, E.** Herbert, J.D., & Forman, E.M. (2007). Avoidance and Depression among Socially Anxious Adults. *Depression and Anxiety, 24,* 299-300.

2. Forman, E.M., Herbert, J.D., **Moitra, E.**, Yeomans, P.D., & Geller, P.A. (2007). A Randomized Controlled Effectiveness Trial of Acceptance and Commitment Therapy and Cognitive Therapy for Anxiety and Depression. *Behavior Modification*, *31,* 772-799.

3. Cardaciotto, L., Herbert, J.D., Forman, E.M., **Moitra, E.**, & Farrow, V. (2008). The Assessment of Present-Moment Awareness and Acceptance: The Philadelphia Mindfulness Scale. *Assessment, 15,* 204-223. doi: 10.1177/1073191107311467.

4. **Moitra, E.**, Herbert, J.D., & Forman, E.M. (2008). Behavioral avoidance mediates the relationship between anxiety and depressive symptoms among social anxiety disorder patients. *Journal of Anxiety Disorders, 22,* 1205-1213. doi: 10.1016/j.janxdis.2008.01.002.

5. Herbert, J.D., Gaudiano, B.A., Rheingold, A.A., **Moitra, E.**, Myers, V.H., Dalrymple, K.L., & Brandsma, L. (2009). Cognitive Behavior Therapy for Generalized Social Anxiety Disorder in Adolescents: A Randomized Controlled Trial. *Journal of Anxiety Disorders, 23,* 167-177. PMCID: PMC4356535. doi: 10.1016/j.janxdis.2008.06.004.

6. **Moitra, E.**, & Armstrong, C.L. (2009). Tumor locus moderates anxiety symptoms in a pediatric neuro-oncologic sample. *Child Neuropsychology, 15,* 460-470. doi: 10.1080/09297040802665769.

7. Beard, C., **Moitra, E.,** Weisberg, R.B., & Keller, M.B. (2010). Characteristics and Predictors of Course in Social Phobia in a Longitudinal Study of Primary Care Patients. *Depression and Anxiety, 27*, 839-845. PMCID: PMC3826438. doi: 10.1002/da.20676.

8. Bjornsson, A.S., Dyck, I., **Moitra, E**., Stout, R.L., Weisberg, R.B., Keller, M.B., & Phillips, K.A. (2011). The Clinical Course of Body Dysmorphic Disorder in the Harvard/Brown Anxiety Research Project (HARP). *The Journal of Nervous and Mental Disease, 199,* 55-57. PMCID: PMC3667613. doi: 10.1097/NMD.0b013e31820448f7.

9. **Moitra, E.,** Beard, C., Weisberg, R.B., & Keller, M.B. (2011). Occupational Impairment and Social Anxiety Disorder in a Sample of Primary Care Patients. *Journal of Affective Disorders, 130,* 209-212. PMCID: PMC3831271. doi: 10.1016/j.jad.2010.09.024.

10. **Moitra, E.,** Sperry, J.A., Mongold, D., Kyle, B.N., & Selby, J. (2011). A Group Medical Visit Program for Primary Care Patients with Chronic Pain. *Professional Psychology: Research and Practice, 42*, 153-159. doi: 10.1037/a0022240.

11. Beard, C., Rodriguez, B.F., **Moitra, E**., Sibrava, N.J., Bjornsson, A., Weisberg, R.B., & Keller, M.B. (2011). Psychometric Properties of the Liebowitz Social Anxiety Scale (LSAS) in a Longitudinal Study of African Americans with Anxiety Disorders. *Journal of Anxiety Disorders, 25,* 722-726. PMCID: PMC3089666. doi: 10.1016/j.janxdis.2011.03.009.

12. **Moitra, E.,** Dyck, I., Beard, C., Bjornsson, A.S., Sibrava, N.J., Weisberg, R.B., & Keller, M.B. (2011). Impact of Stressful Life Events on the Course of Panic Disorder in Adults. *Journal of Affective Disorders, 134,* 373-376. PMCID: PMC3170458. doi: 10.1016/j.jad.2011.05.029.

13. **Moitra, E.**, Herbert, J.D., & Forman, E.M. (2011). Acceptance-Based Behavior Therapy to Promote HIV Medication Adherence. *AIDS Care, 23,* 1660-1667. doi: 10.1080/09540121.2011.579945.

14. Forman, E.M., Chapman, J.E., Herbert, J.D., Goetter, E.M., Yuen, E.K., & **Moitra, E**. (2012). Using Session by Session Measurement to Compare Mechanisms of Action for Acceptance and Commitment Therapy and Cognitive Therapy. *Behavior Therapy, 43,* 341-354. doi: 10.1016/j.beth.2011.07.004.

15. Francis, J.L., **Moitra, E.,** Dyck, I., & Keller, M.B. (2012). The Impact of Stressful Life Events on Relapse of Generalized Anxiety Disorder. *Depression and Anxiety, 29,* 386-391. PMCID: PMC3667630. doi: 10.1002/da.20919.

16. Forman, E.M., Herbert, J.D., Juarascio, A.S., Yeomans, P.D., Zebell, J.A., Goetter, E.M., & **Moitra, E.** (2012). The Drexel Defusion Scale: A New Measure of Experiential Distancing. *Journal of Contextual Behavioral Science, 1,* 55-65. doi:10.1016/j.jcbs.2012.09.001.

17. **Moitra, E.** & Armstrong, C.L. (2013). Neural Substrates for Heightened Anxiety in Children with Brain Tumors. *Developmental Neuropsychology, 38*, 337-351. doi: 10.1080/87565641.2013.799673.

18. **Moitra, E.**, Anderson, B.J., & Stein, M.D. (2013). Perceived Stress and Substance Use in Methadone-Maintained Smokers. *Drug and Alcohol Dependence, 133,* 785-788. PMCID: PMC3827679. doi: 10.1016/j.drugalcdep.2013.08.010.

19. Sibrava, N.J., Beard, C.L., Bjornsson, A.S., **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2013). Two-Year Course of Generalized Anxiety Disorder, Social Anxiety Disorder, and Panic Disorder in a Longitudinal Sample of African American Adults. *Journal of Consulting and Clinical Psychology, 81*, 1052-1062. PMCID: PMC3951438. doi: 10.1037/a0034382.

20. **Moitra, E.**, Lewis-Fernandez, R., Stout, R.L., Angert, E., Weisberg, R.B., & Keller, M.B. (2014). Disparities in Psychosocial Functioning in a Diverse Sample of Adults with Anxiety Disorders. *Journal of Anxiety Disorders, 28*, 335-343. PMCID: PMC4028956.doi:10.1016/j.janxdis.2014.02.002.

21. Weisberg, R.B., Beard, C.L., **Moitra, E.**, Dyck, I. & Keller, M.B. (2014). Adequacy of treatment received by primary care patients with anxiety disorders. *Depression and Anxiety, 31*, 443-450. PMCID: PMC4157338. doi: 10.1002/da.22209.

22. Bjornsson, A.S., Sibrava, N.J., Beard, C.L., **Moitra, E.**, Weisberg, R.B., Perez-Benitez, C.I., & Keller, M.B. (2014). Clinical Characteristics and Two-Year Course of Generalized Anxiety Disorder, Social Anxiety Disorder and Panic Disorder with Agoraphobia in a Sample of Latino Adults. *Journal of Consulting and Clinical Psychology, 82,* 1186-1192. PMCID: PMC4197105. doi: 10.1037/a0036565.

23. Brown, R.A., Bloom, E.L., Hecht, J., **Moitra, E.**, Herman, D.S., & Stein, M.D. (2014). A pilot study of distress tolerance treatment for opiate dependent patients initiating buprenorphine: Rationale, methodology, and outcomes. *Behavior Modification, 38,* 730-759. PMCID: PMC4876823. doi: 10.1177/0145445514538279.

24. Stein, M.D., Herman, D.S., **Moitra, E.**, Hecht, J., Lopez, R., Anderson, B.J. & Brown, R.A. (2015). A Preliminary Randomized Controlled Trial of a Distress Tolerance Treatment for Opioid Dependent Persons Initiating Buprenorphine. *Drug and Alcohol Dependence, 147*, 243-250. PMCID: PMC4297723. doi: 10.1016/j.drugalcdep.2014.11.007.

25. Gaudiano, B.A., & **Moitra, E**. (2015). Leveraging Mobile Technology to Improve the Treatment of Comorbid Bipolar and Substance Use Disorders. *Journal of Addiction Research & Therapy.* 6:e126. doi: 10.4172/2155-6105.1000e126.

26. Gaudiano, B.A., **Moitra, E.**, Ellenberg, S.R., & Armey, M.F. (2015). The Promises and Challenges of Ecological Momentary Assessment in Schizophrenia: Development of an Initial Experimental Protocol. *Healthcare, 3,* 556-573. PMCID: PMC4683929. doi:10.3390/healthcare3030556.

27. **Moitra, E.**, Chan, P.A., & Stein, M.D. (2015). Open Trial of an Acceptance-based Behavior Therapy Intervention to Engage Newly Diagnosed HIV Patients in Care: Rationale and Evidence of Feasibility and Acceptability. *Behavior Modification, 39*, 670-690; doi: 10.1177/0145445515590977.

28. **Moitra, E.**, Christopher, P.P., Anderson, B.A., & Stein, M.D. (2015). Coping-motivated Marijuana Use Correlates with DSM-5 Cannabis Use Disorder and Psychological Distress among Emerging Adults. *Psychology of Addictive Behaviors, 29,* 627-32. PMCID: PMC4586302. doi:10.1037/adb0000083.

29. **Moitra, E.**, Anderson, B.J., & Stein, M.D. (2016). Reductions in cannabis use are associated with mood improvement in female emerging adults. *Depression and Anxiety, 33,* 332-338; doi: 10.1002/da.22460.

30. **Moitra, E.**, & Gaudiano, B.A. (2016). A Psychological Flexibility Model of Medication Adherence in Psychotic-spectrum Disorders. *Journal of Contextual Behavioral Science*, 5, 252-257.

31. **Moitra, E.**, Gaudiano, B.A., Davis, C.H., & Ben-Zeev, D. (2017). Feasibility and Acceptability of Post-Hospitalization Ecological Momentary Assessment in Patients with Psychotic-Spectrum Disorders. *Comprehensive Psychiatry, 74*, 204-213. PMCID: PMC5369417. doi: 10.1016/j.comppsych.2017.01.018.

32. **Moitra, E.**, LaPlante, A., Armstrong, M.L., Chan, P.A., & Stein, M.D. (2017). Randomized controlled trial of acceptance-based behavior therapy to promote HIV acceptance, HIV disclosure, and

retention in medical care. *AIDS and Behavior, 21*, 2641-2649. PMCID: PMC5659953. doi: 10.1007/s10461-017-1780-z.

33. Stein, M.D., Caviness, C., Morse, E., Grimone, K., Audet, D., Herman, D.S., **Moitra, E.**, & Anderson, B.J. (2018). A Developmental-based Intervention to Reduce Alcohol and Marijuana Use Among Non-Treatment-Seeking Young Adults. *Addiction, 113,* 440-453. PMCID: PMC5807100. doi: 10.1111/add.14026.

34. Gaudiano, B.A., Ellenberg, S., Price, L.H., & **Moitra, E.** (2018). Time-lagged predictors of daily medication nonadherence beliefs during the month post-hospital discharge in patients with psychotic–spectrum disorders. *Psychiatry Research, 270,* 253-256. PMCID: PMC6292726. doi: 10.1016/j.psychres.2018.09.048.

35. **Moitra, E.**, Duarte-Velez, Y., Lewis-Fernandez, R., Weisberg, R.B., & Keller, M.B. (2018). Examination of ataque de nervios and ataque de nervios like events in a diverse sample of adults with anxiety disorders. *Depression and Anxiety, 35,* 1190-1197. PMID: 30328649. doi: 10.1002/da.22853.

36. Sibrava, N.J., Bjornsson, A.S., Pérez Benítez, C.I., **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2019). Posttraumatic Stress Disorder in Latino and African American Adults: Clinical Course and the Role of Racial and Ethnic Discrimination. *American Psychologist, 74,* 101-116. PMCID: PMC6338337. doi: 10.1037/amp0000339.

37. **Moitra, E.**, van den Berg, J.J., Sowemimo-Coker, G., Chau, S., Nunn, A., & Chan, P.A. (2020). Open pilot trial of a brief motivational interviewing-based HIV pre-exposure prophylaxis intervention for men who have sex with men: Preliminary effects, and evidence of feasibility and acceptability. *AIDS Care, 32,* 406-410. PMCID: PMC6875625. doi: 10.1080/09540121.2019.1622644.

38. Park, H.S., **Moitra, E.,** & Gaudiano, B.A. (2020). Lessons Learned while Developing a Mobile App to Aid in the Post-Hospital Transition for Patients with Schizophrenia. *SAGE Research Methods Case*, 1-11.

39. **Moitra, E.,** Tarantino, N., Garnaat, S.L., Pinkston, M.M., Busch, A.M., Weisberg, R.B., Stein, M.D. & Uebelacker, L.A. (2020). Using behavioral psychotherapy techniques to enhance HIV patients' well-being. *Psychotherapy, 57,* 83-89. PMCID: PMC7069779. doi: 10.1037/pst0000258.

40. Hayaki, J., Anderson, B.J., Herman, D.S., **Moitra, E.**, Pinkston, M.M., Kim, H.N., & Stein, M.D. (2020). Motivation to Quit Drinking in Individuals Coinfected with HIV and Hepatitis C. *AIDS and Behavior, 24,* 1709-1716. PMID: 31642998. doi: 10.1007/s10461-019-02709-z.

41. **Moitra, E.**, Anderson, B.J., Herman, D.S., Hayaki, J., Pinkston, M.M., Kim, H.N., & Stein, M.D. (2020). Examination of using alcohol to cope, depressive symptoms, and perceived social support in persons with HIV and Hepatitis C. *AIDS Care, 32,* 1238-1245. PMCID: PMC7483592. doi: 10.1080/09540121.2020.1734177.

42. Nunn, A., Sowemimo-Coker, G., van den Berg, J.J., Sutten Coats, C., Sosnowy, C., Napoleon, S.C., Cormier, K., Chan, P.A., & **Moitra, E.** (2020). Recommendations for Intervention Content to Enhance HIV Pre-Exposure Prophylaxis Uptake among Men who have Sex with Men Receiving Care at Sexually Transmitted Disease Clinics. *Journal of Men's Health, 16,* e47-e59.

43. **Moitra, E.,** Park, H.S., & Gaudiano, B.A. (2021). Development and initial testing of an mHealth transitions of care intervention for adults with schizophrenia-spectrum disorders immediately following a psychiatric hospitalization. *Psychiatric Quarterly, 92,* 259-272. PMCID: PMC7775867. doi: 10.1007/s11126-020-09792-9.

44. Hoge, E.A., Acabchuk, R.L., Kimmel, H., **Moitra, E.**, Britton, W.B., Dumais, T., Ferrer, R.A., Lazar, S.W., Vago, D., Lipsky, J., Schuman-Olivier, Z., Cheaito, A., Sager, L., Peters, S., Rahrig, H., Acero, P., Scharf, J., Loucks, E.B., & Fulwiler, C. (2021). Emotion-related constructs engaged by mindfulness-based interventions: A systematic review and meta-analysis. *Mindfulness, 12*, 1041-1062. PMCID: PMC8210838. doi: 10.1007/s12671-020-01561-w.

45. **Moitra, E.,** Park, H.S., Ben-Zeev, D., & Gaudiano, B.A. (2021). Using ecological momentary assessment for patients with psychosis post-hospitalization: Opportunities for mobilizing measurement-based care. *Psychiatric Rehabilitation Journal, 44,* 43-50. PMCID: PMC8415125. doi: 10.1037/prj0000417.

46. **Moitra, E.**, Anderson, B.J., Herman, D.S., & Stein, M.D. (2021). Longitudinal examination of coping-motivated marijuana use and problematic outcomes among emerging adults. *Addictive Behaviors, 113.* PMCID: PMC7736556. doi: 10.1016/j.addbeh.2020.106691.

47. Stein, M.D., Herman, D.S., Kim, H.N., Howell, A., Lambert, A., Madden, S., **Moitra, E.**, Blevins, C.E., Anderson, B.J., Taylor, L.E., & Pinkston, M.M. (2021). A Randomized Trial Comparing Brief Advice and Motivational Interviewing for Persons with HIV-HCV Co-infection Who Drink Alcohol. *AIDS and Behavior, 25,* 1013-1025. PMCID: in progress. doi: 10.1007/s10461-020-03062-2.

48. Howell, A., Lambert, A., Pinkston, M.M., Blevins, C.E., Hayaki, J., Herman, D.S., **Moitra, E.**, Stein, M.D., & Kim, H.N. (2021). Sustained Sobriety: A Qualitative Study of Persons with HIV and Chronic Hepatitis C Coinfection and a History of Problematic Drinking. *AIDS and Behavior, 25,* 1083-1093. PMCID: PMC7979443. doi: 10.1007/s10461-020-03067-x.

49. Goedel, W.C., Sutten Coats, C., Sowemimo-Coker, G., **Moitra, E.**, Murphy, M.J., van den Berg, J.J., Chan, P.A., & Nunn, A.S. (2021). Gay and bisexual men's recommendations for effective digital social marketing campaigns to enhance HIV prevention and care continuity. *AIDS and Behavior, 25,* 1619-1625. PMCID: PMC8759628. doi: 10.1007/s10461-020-03078-8.

50. Chan, P.A., Nunn, A.S., van Den Berg, J.J., Cormier, K., Sowemimo-Coker, G., Napoleon, S.C., Arnold, T. & **Moitra, E.** (2021). A randomized trial of a brief behavioral intervention for PrEP uptake among men who have sex with men at increased risk for HIV infection. *Journal of Acquired Immune Deficiency Syndromes, 87,* 937-943. PMCID: PMC8192434. doi: 10.1097/QAI.0000000000002671.

51. **Moitra, E.**, Chan, P.A., Molina, P.E., Ernst, F., Ferguson, T.F., Mimiaga, M.J., Herman, D.S., & Stein, M.D. (2021). HIV Engage—a randomized controlled efficacy trial of an acceptance-based behavioral therapy intervention to improve retention in care for HIV treatment naïve patients: study protocol. *Contemporary Clinical Trials, 108*. PMCID: PMC8453091. doi: 10.1016/j.cct.2021.106514.

52. Thompson, C., Mancebo, M.C., & **Moitra, E.** (2021). Changes in social anxiety symptoms and loneliness after increased isolation during the COVID-19 pandemic. PMID: 33647703. *Psychiatry Research, 298*. doi: 10.1016/j.psychres.2021.113834.

53. Eichel, K., Gawande, R., Acabchuk, R.L., Palitsky, R., Chau, S., Pham, A., Cheaito, A., Yam, D., Lipsky, J., Dumais, T., Zhu, Z., King, J., Fulwiler, C., Schuman-Olivier, Z., **Moitra, E**., Proulx, J., Alejandre-Lara, A., & Britton, W.B., (2021). A Retrospective Systematic Review of Diversity Variables in Mindfulness Research, 2000-2016. *Mindfulness, 12,* 2573-2592.

54. Whitfield, T., Barnhofer, T., Acabchuk, R.L., Cohen, A., Lee, M., Schlosser, M., Arenaza-Urquijo, E.M., Bottcher, A., Britton, W.B., Coll-Padros, N., Collette, F., Chetelat, G., Dautricourt, S. Demnitz-King, H., Dumais, T., Klimecki, O., Meiberth, D., Moulinet, I., Muller, T., Parsons, E., Sager, L., Sannemann, L., Scharf, J., Schild, A., Touron, E., Wirth, M., Walker, Z., **Moitra, E.,** Lutz, A., Lazar, S., Vago, D., & Marchant, N.L., (2021). The effect of mindfulness-based programs on cognitive function in adults: a systematic review and meta-analysis. PMID: 34350544. *Neuropsychology Review.* doi: 10.1007/s11065-021-09519-y.

55. Britton, W.B., Desbordes, G., Acabchuk, R.L., Peters, S., Lindahl, J.R., Canby, N.K., Vago, D.R., Dumais, T., Lipsky, J., Kimmel, H.J., Sager, L., Rahrig, H., Cheaito, A., Acero, P., Scharf, J., Lazar, S.W., Schuman-Olivier, Z., Ferrer, R., & **Moitra, E.** (2021). From Self-Esteem to Selflessness: An Evidence (Gap) Map of Self-Related Processes as Mechanisms of Mindfulness-Based Interventions. *Frontiers in Psychology*. PMCID: PMC8645694. doi: 10.3389/fpsyg.2021.730972.

56. **Moitra, E.,** Stein, M.D., Busch, A.M., Pinkston, M.M., Abrantes, A.M., Baker, J.V., Weisberg, R.B., Anderson, B.J., & Uebelacker, L.A. (2022). Acceptance of chronic pain in depressed patients with HIV: Correlations with activity, functioning, and emotional distress. *AIDS Care*. PMCID: PMC8940733. doi: 10.1080/09540121.2021.1981819.

57. **Moitra, E.,** Tao, J., Olsen, J., Shearer, R.D., Wood, B.R., Busch, A.M., LaPlante, A., Baker, J.V., & Chan, P.A. (2022). Impact of the COVID-19 pandemic on HIV testing rates across four geographically diverse urban centres in the United States: an observational study. *The Lancet Regional Health – Americas.* PMCID: PMC8695134. doi: 10.1016/j.lana.2021.100159.

58. Dindo, L., **Moitra, E.**, Roddy, M.K., Ratcliff, C., Markham, C., & Giordano, T. (2022). Development and initial feasibility of a hospital-based Acceptance and Commitment Therapy intervention to improve retention for out-of-care persons with HIV: Lessons learned from an open pilot trial. *Journal of Clinical Medicine.* PMCID: PMC9147647. doi: 10.3390/jcm11102827.

59. **Moitra, E.,** Park, H.S., Guthrie, K.M., Johnson, J.E., Peters, G., Wittler, E., Price, L.H., & Gaudiano, B.A. (2022). Stakeholder perspectives on adjunctive mHealth services during transitions of care for patients with schizophrenia-spectrum disorders. *Journal of Mental Health.* PMCID: PMC9616963. doi: 10.1080/09638237.2022.2069693.

60. **Moitra, E.**, Brick, L.A., Cancilliere, M.K., Elwy, A.R., Erbe, A.M., Fenn, N., Nunn, A.S., Salhaney, P., & Chan, P.A. (2023). A randomized trial of acceptance-based behavioral therapy to improve mental health outcomes for LGBTQ+ persons: study protocol. *Contemporary Clinical Trials*. PMCID: PMC10155421. doi: 10.1016/j.cct.2023.107211.

61. **Moitra, E**., & Whiteley, L.B. (2024). Reducing HIV incidence among sexual and gender minority youth. *The Lancet Digital Health, 6, E146-E147*. doi: 10.1016/S2589-7500(24)00023-2.

62. **Moitra, E.,** Amaral, T.M., Benz, M.B., Cambow, S., Elwy, A.R., Kunicki, Z.J., Lu, Z., Rafferty, N.S., Rabasco, A., Rossi, R., Schatten, H.T., & Gaudiano, B.A. (2024). A Hybrid Type 1 trial of a multi-component mHealth intervention to improve post-hospital transitions of care for patients with serious mental illness: study protocol. *Contemporary Clinical Trials, 139.* PMCID: PMC10960682. doi: 10.1016/j.cct.2024.107481.

63. **Moitra, E.**, Jiménez Muñoz, P.C., Sanchez, M.C., & Pinkston, M.M. (2024). Viewpoint on Human Immunodeficiency Virus Medical Care Retention Guidelines in the Coronavirus 2019 Pandemic Era and Beyond: Lessons Learned From Electronic Health Record Screening and Outreach. *Open Forum Infectious Diseases, 11.* PMCID: PMC10836192. doi: 10.1093/ofid/ofae031.

64. Gaudiano, B.A., Ward, M., Benz, M.B., Hughes, C., Johnson, J.E., & **Moitra, E.** (2024). Feasibility and Acceptability of a Mobile Intervention for Patients with Psychosis Following Psychiatric Hospitalization: A Pilot Randomized Controlled Trial. *Psychological Services, 22*, 221–231. PMCID: PMC11878221. doi: 10.1037/ser0000869.

65. **Moitra, E.,** Stein, M.D., Busch, A.M., Pinkston, M.M., Bray, J.W., Abrantes, A.M., Baker, J.V., Weisberg, R.B., Anderson, B.J., & Uebelacker, L.A. (2024). Health care service utilization among people with HIV, chronic pain, and depression: utilization and cost outcomes from the HIV-PASS study. *AIDS and Behavior*. PMCID: PMC12530003. doi: 10.1007/s10461-024-04554-1.

66. Merrill, J.E., **Moitra, E**., Giorlando, K., Leigland, A., Olsen, E., Abrantes, A.M., & Whiteley, L. (2025). Qualitative interviews with young adults at risk for psychosis and who use cannabis: Informing the development of a mobile intervention. *Addictive Behaviors*. PMCID: in progress. doi: 10.1016/j.addbeh.2024.108216.

67. Kelley, N., Maglalang, D.D., Suh, R., Bello, M., de Leon, C., **Moitra, E.**, & Ahluwalia, J.S. (2025). Gaps in Smoking Cessation Counseling Administered by Healthcare Providers to BIPOC Sexual Minority Men Who Smoke Daily. *Journal of Substance Use and Addiction Treatment*. PMCID: PMCID: PMC11769732. doi: 10.1016/j.josat.2024.209590.

68. Mimiaga, M.J., Kuhns, L.M., Biello, K.B., Tian, J., Skeer, M.R., Psaros, C., **Moitra, E**., Chen, D., Yonko, E., Mayer, K.H., Safren, S.A., & Garofalo, R. (2025). Positive STEPS: Enhancing Medication Adherence and Achieving Viral Load Suppression in Youth Living with HIV - Results from a Stepped-Care Randomized Controlled Efficacy Trial. *JAIDS.* PMCID: PMC12128999. doi: 10.1097/QAI.0000000000003639.

69. Maglalang, D.D., Wang, K., **Moitra, E.**, Zelaya, D.G., & Sun, S. (2025). Discrimination, Levels of Internalized Heterosexism, and Use of Cigarettes and E-Cigarettes in Young Sexual Minority Men. *Sexual and Gender Diversity in Social Services*. doi: 10.1080/29933021.2025.2469051.

70. **Moitra, E.,** Scheinbach, J., & Thompson, M. (2025). Hardships and health care seeking among newly diagnosed people with HIV during the COVID-19 pandemic. *Journal of the International Association of Providers of AIDS Care*. PMCID: PMC11954450. doi: 10.1177/2325958225133127.

71. **Moitra, E.** (2025). Commentary on the termination of a randomized trial of acceptance-based behavioral therapy to improve mental health outcomes for LGBTQ+ persons. *Journal of Rehabilitation Therapy, 7*. doi: 10.29245/2767-5122/2025/4.1155.

72. **Moitra, E**., Jiménez Muñoz, P., Ramirez, J., & Pinkston, M.M. (2025). Barriers and pathways to re-engage people with HIV and substance use in medical care: a qualitative study among persons with lived experience. *AIDS Research and Therapy, 22*. PMCID: PMC12538761. doi: 10.1186/s12981-025-00803-y.

73. Hugunin, J., Giorlando, K., Merrill, J., **Moitra, E.,** Olsen, E., Arnold, T., Leigland, A., Abrantes, A., & Whiteley, L. (2026). Impact of Cannabis Use on Mental Health Symptoms among Young Adults at Risk for Psychosis: a Qualitative Study. *Journal of Adolescent Health, 78*. PMCID: pending. doi: 10.1016/j.jadohealth.2025.12.153

74. **Moitra, E.**, Gonzalez, N.A., Kunicki, Z.J., Fenn, N., Cancilliere, M.K., & Arnold, T. (2026). Comparisons of anxiety, depression, and general health and well-being in a gender diverse sample of LGBTQ+ adults. *Journal of Mood & Anxiety Disorders, 15*. PMCID: PMC42437133. doi: 10.1016/j.xjmad.2026.100187

75. Fenn, N., Nunn, A., Malyuta, Y., Salhaney, P., Erbe, M., Cancilliere, M.K., Zelaya, D.G., **Moitra, E.**, & Chan, P.A. (2026). Implementing mental health and substance use screening at a sexual health clinic. *Rhode Island Medical Journal*. PMC: PMC42647833. doi: pending.

76. **Moitra, E.**, Herman, D.S., Busch, A.M., Molina, P.E., Ferguson, T.F., Baker, J.V., & Stein, M.D. (2026). A pilot randomized controlled trial of acceptance-based behavior therapy to address treatment engagement outcomes and disclosure among new-to-care patients with HIV. *AIDS Care.* PMCID: PMC42723344. doi: 10.1080/09540121.2026.2728926

77. Giorlando, K., Merrill, J.E., **Moitra, E**. Olsen, E., Arnold, T., Leigland, A., Hugunin, J., Abrantes, A., & Whiteley, L. (in press). Exploring Perceived Relationships Between Cannabis Use and Mental Health Symptoms Among Emerging Adults at High Risk for Psychosis: A Qualitative Study. *Emerging Adulthood.* doi: 10.1177/216769682614997

78. Merrill, J.E., Strowger, M., **Moitra, E.**, Giorlando, K., Leigland, A., Abrantes, A.M., & Whiteley, L. (in press). An ecological momentary assessment study of cannabis use among young adults at risk for psychosis: Moving toward mobile intervention. *Proceedings of the 60th Hawaii International Conference on System Sciences, Hawaii, HI.* doi: pending.

NON-PEER-REVIEWED PUBLICATIONS

1. **Moitra, E.** (2011-present). Author of multiple contributions. In J. S. Kreutzer, J. DeLuca, & B. Caplan (Eds.). *Encyclopedia of Clinical Neuropsychology*. New York, NY: Springer.

ABSTRACTS

1. Armstrong, C., L., **Moitra, E**., & Belasco, C. (2010, February). *Emotion and the Cerebellum: a Pediatric Study.* Presented at the 38th annual convention of the International Neuropsychological Society, Acapulco, Mexico.

2. **Moitra, E**., Beard, C., Weisberg, R.B., & Keller, M.B. (2010, March). *Occupational Selection and Impairment in Primary Care Patients with Social Anxiety Disorder.* Presented at the 30th annual convention of the Anxiety Disorders Association of America, Baltimore, MD.

3. Beard, C., **Moitra, E**., Weisberg, R.B., & Keller, M.B. (2010, March). *Characteristics and Predictors of Social Anxiety Disorder Course in a Longitudinal Study of Primary Care Patients.* Presented at the 30th annual convention of the Anxiety Disorders Association of America, Baltimore, MD.

4. Bjornsson, A.S., Dyck, I., **Moitra, E**. Stout, R. Weisberg, R.B., Keller, M.B., & Phillips, K.A. (2010, March). *The Clinical Course of Body Dysmorphic Disorder in HARP*. Presented at the 30th annual convention of the Anxiety Disorders Association of America, Baltimore, MD.

5. Sperry, J.A., Mongold, D., **Moitra, E.,** & Kincaid, C. (2010, April). *"Pain Day": Group Medical Visits for Training Residents In Developing a Patient-centered Medical Home.* Presented at the 43rd annual convention of The Society of Teachers of Family Medicine, Vancouver, BC.

6. Weisberg, R.B., **Moitra, E**., & Keller, M.B. (2010, June). Utilization and Outcome of Cognitive Behavior Therapy Techniques in Primary Care Patients with Anxiety Disorders. In **E. Moitra** (Chair). *Treating Anxiety Conditions across the Lifespan in Primary Care.* Symposium presented at the 6th annual convention of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

7. **Moitra, E**., Weisberg, R.B., & Keller, M.B. (2010, November). *Impact of negative life events on the course of anxiety disorders in older adults.* Presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

8. Weisberg, R.B., Beard, C., **Moitra, E.**, & Uebelacker, L. (2011, November). Learning to Ease Anxiety in Primary Care (LEAP): A Pilot Randomized Control Trial. Presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, ON.

9. Bjornsson, A.S., Sibrava, N.J., Beard, C., **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2012, March). Two-Year Course of Generalized Anxiety Disorder, Social Anxiety Disorder, and Panic Disorder in a Longitudinal Sample of Latino Adults. Presented at the 32nd annual convention of the Anxiety Disorders Association of America, Arlington, VA.

10. Sibrava, N.J., Bjornsson, A.S., Beard, C., **Moitra, E.**, Weisberg, R.B., & Keller, M.B. (2012, March). Two-Year Course of Generalized Anxiety Disorder, Social Anxiety Disorder, and Panic Disorder in a Longitudinal Sample of African American Adults. Presented at the 32nd annual convention of the Anxiety Disorders Association of America, Arlington, VA.

11. Clinton, M., **Moitra, E.,** Weisberg, R.B., & Keller, M.B. (2012, March). Acculturation, immigration, and overall illness in Latinos with Anxiety Disorders. Presented at the 32nd annual convention of the Anxiety Disorders Association of America, Arlington, VA.

12. **Moitra, E.,** Gaudiano, B.A., Davis, C.H., & Armey, M.F. (2016, November). Using Ecological Momentary Assessment to Inform Aftercare Interventions for Patients with Schizophrenia Following a Psychiatric. Presented at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York City, NY.

13. Chan, P.A., Nunn, A., van den Berg, J.J., Cormier, K., Sowemimo-Coker, G., Napoleon, S.C., **Moitra E**., & Silva, E. (2020, September). A biobehavioral intervention for PrEP uptake among high-

risk men who have sex with men. Presented at the annual STD Prevention Conference, virtual conference.

14. van den Berg, J. J., Chan, P. A., Nunn, A., Cormier, K., Sowemimo-Coker, G., Napoleon, S. C., & **Moitra, E**. (2020, October). A brief motivational interviewing-based intervention for pre-exposure prophylaxis uptake among high-risk men who have sex with men. Roundtable presented at the annual American Public Health Association Conference, virtual conference.

15. Acabchuk, R.A., Whitfield, T., Vago, D., & **Moitra, E.** (2020, November). Self-Regulatory Processes Engaged by Mindfulness-Based Interventions: A Series of Reviews and Meta-Analyses. Presented at the annual Mind & Life Institute Contemplative Research Conference, virtual conference.

16. Wittler, E.M., Gould, G.E., **Moitra, E.,** & Gaudiano, B.A. (2021, November). The Relationship between Emotion Regulation and Suicidality Over Time in Patients with Psychotic-Spectrum Disorders. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies, virtual conference.

17. Ward, M., Wittler, E.M., **Moitra, E.,** & Gaudiano, B.A. (2021, November). The Longitudinal Relationship Between Cannabis Use and Emotion Regulation in Patients with Psychotic-Spectrum Disorders. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies, virtual conference.

18. Jiménez Muñoz, P.C., **Moitra, E.**, Sanchez, M. & Pinkston, M.M. (2023, November). HIV medical care retention guidelines in the COVID-19 pandemic era and beyond: Lessons learned from electronic health record screening and outreach. Presented at the annual convention of the American Public Health Association.

19. Ward, M., Benz, M.B., **Moitra, E.,** & Gaudiano, B.A. (2023, November). Examining the Feasibility and Acceptability of a Mobile Health Intervention for Individuals with Psychosis. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

20. Maglalang, D.D., Wang, K., **Moitra, E.,** Zelaya, D.G., & Sun, S. (2024, January). Discrimination, Internalized Homophobia, and Smoking in Young Men Who Have Sex with Men. Presented at the annual convention of the Society for Social Work and Research, Washington, D.C.

21. Fenn, N., Malyuta, Y., Nunn, A.S., **Moitra, E.,** Salhaney, P., Erbe, A.M., Cancilliere, M.K., Zelaya, D.G., & Chan, P.A. (2024, March). Assessing Mental Health and Substance Use among Sexual and Gender Minority Populations Presenting to a Sexual Health Clinic. Presented at the annual convention of the Society of Behavioral Medicine, Philadelphia, PA.

22. Maglalang, D.D., Mabrouk, F.A., Luxmikanthan, S., Moore, K.L., Heffner, J., **Moitra, E**., & Ahluwalia, J.S. (2025, January). "People Don't Generally Want or Accept You As a Person": Processes of Enacted Stigma and Smoking in BIPOC Sexual Minority Men Who Smoke Daily. Presented at the annual convention of the Society for Social Work and Research, Seattle, WA.

23. Fenn, N.Q., Crooks, J.D., Martin, H., Maguire-Wilkerson, A., Almonte, A., **Moitra, E**., Nunn, A., & Chan, P.A. (2025, June). A Novel Civic Engagement Intervention to Improve Mental Health

Outcomes: A Study Overview. Presented at the annual Emerging Areas of Science Rhode Island IDeA Symposium, Providence, RI.

24. Hugunin, J., Giorlando, K., Merrill, J.E., **Moitra, E.**, Olsen, E., Arnold, T., Leigland, A., Abrantes, A., & Whiteley, L. (2026, March). Impact of Cannabis Use on Mental Health Symptoms among Young Adults at High Risk for Psychosis: a Qualitative Study. Poster session at the Society for Adolescent Health and Medicine Annual Meeting, Seattle, WA.

25. Fenn, N., Crooks, M., Maguire-Wilkerson, A., Qiu, H., Martin, H., Guthrie, K., Nunn, A., **Moitra, E**., & Chan, P. A. (2026, April). Developing a novel civic engagement intervention for LGBTQ+ mental health: Community preferences. Research Spotlight at the Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Chicago, IL. **Citation Abstract Award Winner**

INVITED PRESENTATIONS

Regional

1. **Moitra, E.** (2006, May). *Using social skills to your advantage.* Invited presentation given to students and staff at Drexel University, Philadelphia, PA.

2. **Moitra, E.** (2009, March). *Medication adherence or: How I learned to stop worrying and love the Seroquel*. Invited presentation for West Virginia University Department of Behavioral Medicine & Psychiatry Grand Rounds, Morgantown, WV.

3. **Moitra, E.** (2014, January). *An Intervention to overcome barriers to HIV treatment engagement*. Invited presentation for Louisiana State University Department of Physiology, New Orleans, LA.

4. **Moitra, E.** (2024, April). *Acceptance and Commitment Therapy for newly diagnosed patients with HIV*. Guest Lecturer. Presented to Brown University Master's of Public Health students, Mindfulness Epidemiology (PHP1895), Providence, RI.

5. **Moitra, E.** (2026, May). *Transitions of psychiatric care for adults with serious mental illness: The role of mHealth*. Invited presentation for Brown University Health Department of Psychiatry Grand Rounds, Providence, RI.

National

6. **Moitra, E**., Gaudiano, B.A., Davis, C.H., & Armey, M.F. (2016, June). Using mobile technology to examine contextual predictors of outcomes in individuals experiencing psychosis following a hospital discharge. In J. Rizo (Chair). *Ecological momentary assessments (EMA) to measure ACT processes and behavioral health across populations.* Paper presented in symposium at the 14th annual world conference of the Association for Contextual and Behavioral Science, Seattle, WA.

7. **Moitra, E**., Bjornsson, A.S., Sibrava, N.J., Weisberg, R.B., & Keller, M.B. (2018, April). Cross-cultural examination of Ataques de Nervios in a diverse sample of adults with anxiety disorders. In N.J. Sibrava (Chair). *The Harvard/Brown Anxiety Research Project - Phase II: A Study on the Nature and Course of Anxiety Disorders in African American, Latino, and White Samples.* Paper presented in symposium at the annual conference of the Anxiety and Depression Association of America, Washington, D.C.

8. **Moitra, E**. (2020, July). In C. Davis (Chair). *Broader Reach, Bigger Impact: Expanding Access to Contextual Behavioral Science through Digital Interventions.* Discussant in symposium at the annual world conference of the Association for Contextual Behavioral Science, virtual conference.

9. **Moitra, E**. (2023, February). In Z. Schuman-Olivier (Chair). *Mindfulness and the Science of Behavior Change.* Presenter in symposium at the annual world conference of the International Society for Contemplative Research, La Jolla, CA.

10. **Moitra, E**. (2026, October). *Transitions of psychiatric care for adults with serious mental illness: The role of mHealth*. Invited presentation for University at Buffalo Jacobs School of Medicine and Biomedical Sciences, Department of Psychiatry Grand Rounds, Buffalo, NY.

International

11. **Moitra, E**., Chan, P.A., LaPlante, A., & Stein, M.D. (2019, June). Acceptability and Efficacy of Acceptance-Based Behavior Therapy to Promote HIV Acceptance, HIV Disclosure, and Retention in Medical Care. In A. Harrison (Chair). *ACT as applied to treatment adherence and engagement behaviours in long-term health conditions.* Paper presented in symposium at the annual world conference of the Association for Contextual Behavioral Science, Dublin, Ireland.

12. **Moitra, E.** & Gaudiano, B.A. (2024, January). *Transitions of psychiatric care for adults with serious mental illness: clinical and research innovations.* Presented at West African Digital Mental Health Alliance (WADMA) grand rounds, Accra, Ghana.

13. Merrill, J.E., Strowger, M., **Moitra, E.,** Giorlando, K., Leigland, A., Abrantes, A.M., & Whiteley, L. (January 2027). *An ecological momentary assessment study of cannabis use among young adults at risk for psychosis: Moving toward mobile intervention.* Presented at the 60th annual meeting of the Hawaii International Conference on System Sciences, Hawaii, HI.

GRANTS

CURRENT

1. **TAG-MI: A Mobile Intervention to Improve Mental Health and Adherence to HIV Care among Youth in Ghana**
   R01 MH140379 9/9/26 – 8/31/31 NIMH $2,656,295
   Role: *Principal Investigator* (MPIs: Nicholas Tarantino, Ph.D.; Anthony Enimil, MBChB)
   Description: This project will develop and test an mHealth intervention to support mental health and HIV treatment adherence among young adults living with HIV in Ghana.

2. **Development and Pilot Evaluation of Acceptance and Commitment Therapy to Reduce Self-Stigma and Increase Social Connections among LGBTQIA+ Transition Age Youth with Serious Mental Health Conditions**
   90IFRE0068 9/1/23 – 8/30/28 NIDILRR
   Role: *Co-Investigator* (PI: Megan Kelly, Ph.D.)
   Description: This project will develop and pilot test a social support-focused, acceptance-based intervention ("FLOW") for LGBTQIA+ youth with mental health conditions.

3. **Utilizing Qualitative Interviews and Ecological Momentary Assessment to Understand Cannabis Use among Young Adults in Psychiatric Care**
   3/1/23 – 2/28/29 Aloha Foundation $653,000

Role: *Principal Investigator* (MPIs: Jennifer Merrill, Ph.D.; Laura Whiteley, M.D.)
Description: Using mixed methods, including mHealth, this study will investigate cannabis use among young adults in an intensive outpatient psychiatric program.

4. **Effectiveness of a multi-component mHealth intervention to improve post-hospital transitions of care for patients with SMI**
   R01 MH130496 9/1/22 – 7/31/27 NIMH $3,639,566
   Role: *Principal Investigator* (MPI.: Brandon Gaudiano, Ph.D.)
   Description: The goal of this project is to test the effectiveness of an mHealth app ("tFOCUS") in support patients with SMI who are transitioning from inpatient to outpatient care.

5. **Improving mental health among the LGBTQ+ community impacted by the COVID-19 pandemic**
   RF1 MH132348 9/1/22 –5/31/27 NIMH $2,368,492
   Role: *Principal Investigator*
   Description: This Hybrid Type 1 trial will examine the effectiveness of a brief, acceptance-based intervention designed to improve anxiety and depressive symptoms among LGBTQ+ individuals by improving their social support.

Mentored awards

6. **A Novel Civic Engagement Intervention to Improve Mental Health Outcomes Among LGBTQ+ Adults**
   Mentored Research Award 10/9/24 – 7/31/26
   Brown University Advance-CTR (U54 GM115677; PI: Sharon Rounds, M.D.)
   Role: *Mentor* (PI.: Natalie Fenn, Ph.D.)
   Description: The study will undertake formative development of a civic engagement intervention to enhance mental health outcomes among people who identify as LGBTQ+.

7. **An Adaptive Intervention to Increase Engagement to Community-based Care After an ED Admission: For Youth Aged 10 to 14 at Risk for Suicide and Self-injurious Behavior**
   K23 MH136332 6/1/24 – 5/31/29 NIMH
   Role: *Mentor* (PI: Mary Kathryn Cancilliere, Ph.D.)
   Description: The purpose of this study is to refine and pilot a brief, culturally and identity sensitive, adaptive ED intervention via Sequential Multiple Assignment Randomized Trial design that targets individual and systemic barriers to care to increased linkage to subsequent community-based mental health care for youth 10-14 years after an ED admission and referral.

PENDING

1. **A randomized factorial clinical trial to optimize harm reduction and cessation for smokers with serious mental illness**
   R01 CA317794 NCI $3,963,494
   Role: *Principal Investigator*
   Description: This project will use a 2x2 factorial clinical trial design to assess the harm reducing benefits of an mHealth intervention, FOCUS, and/or switching to e-cigarettes, in addition to using varenicline to reduce cigarette smoking among adults with serious mental illness.

COMPLETED

1. **Improving retention in care for persons with HIV who use substances by increasing acceptance and reducing stigma**
   R34 DA053738 6/1/21 – 5/31/26 NIDA $736,694
   Role: *Principal Investigator* (MPI: Megan Pinkston-Camp, Ph.D.)
   Description: The major goals of this project are to adapt, refine, and pilot a brief acceptance-based intervention to engage patients in care for HIV and substance misuse treatment by reducing stigma.

2. **Adapting a Mindfulness-based Blood Pressure Program for People with HIV**
   P30AI042853 2/13/25 – 8/8/26 Providence/Boston Center for AIDS Research $40,000
   Role: *Co-Investigator* (PI: Eric Loucks, Ph.D.)
   Description: This project will explore the acceptability and feasibility of the Mindfulness-Based Blood Pressure Reduction Program among people with HIV and elevated blood pressure.

3. **Adapting a Mindfulness-based Blood Pressure Program for People with HIV**
   12/1/24 – 11/30/25 Mindfulness Center @ Brown $50,000
   Role: *Principal Investigator*
   Description: This project will explore the acceptability and feasibility of the Mindfulness-Based Blood Pressure Reduction Program among people with HIV and elevated blood pressure.

4. **Targeting HIV retention and improved viral load through engagement ('THRIVE')**
   R34 MH122294 8/1/20 – 7/31/23 NIMH $660,402
   Role: *Co-Investigator* (MPIs: Thomas Giordano, M.D; Lilian Dindo, Ph.D.)
   Description: The goal of this project is to help recently hospitalized patients with HIV overcome avoidance and HIV-related self-stigma to facilitate improved retention in care.

5. **Brief acceptance-based retention intervention for newly diagnosed HIV patients**
   R01 MH119919 12/3/19 – 3/31/25 NIMH $2,993,978
   Role: *Principal Investigator*
   Description: The objective of this proposal is to conduct a fully powered, randomized controlled trial to assess the efficacy of a brief, 2-session acceptance-based behavioral therapy intervention to enhance retention in HIV care.

6. **Mobile After-Care Support Intervention for Patients with Schizophrenia following Hospitalization**
   R34 MH115144 7/10/18 - 4/30/22 (NCE) NIMH $531,224
   Role: *Principal Investigator* (MPI: Brandon Gaudiano, Ph.D.)
   Description: This study will use an iterative process to refine a new mobile aftercare app for patients with psychotic-spectrum disorders and it also will collect qualitative data from local stakeholders (e.g., patients, clinicians, administrators) to improve the intervention in preparation for a randomized phase of the project and to establish clinicians' preferences for receiving clinical data from the mobile app.

7. **A brief motivational interviewing-based intervention to improve HIV pre-exposure prophylaxis uptake among men who have sex with men**

R34 DA042648 5/1/17 - 4/30/21 NIDA $542,806
Role: *Principal Investigator* (MPI: Philip Chan, M.D.)
Description: This study will develop a brief Motivational Interviewing-based intervention to promote pre-exposure prophylaxis uptake among high-risk men who have sex with men who are HIV-negative, to be delivered by clinic staff during the course of routine HIV/STD testing.

8. **Improving Functioning in HIV Patients with Chronic Pain and Comorbid Depressive Symptoms**
R01 NR015977 6/1/16 - 3/31/21 NINR $2,959,555
Role: *Collaborator* (MPIs: Michael Stein, M.D; Lisa Uebelacker, Ph.D.)
Description: The goal of this project is to teach HIV patients skills for reducing behavioral avoidance and increasing engagement in day-to- day valued activities, thereby ultimately improving functional capacity (i.e., both psychosocial and physical functioning) and decreasing depression.

9. **Comparing Brief Alcohol Interventions for HIV-HCV Co-Infected Persons**
R01 AA023726 9/20/14 - 8/31/19 NIAAA $2,098,335
Role: *Collaborator* (PI: Michael Stein, M.D.)
Description: The goal of this project is to determine if a brief motivational interviewing intervention, in comparison to brief advice given by a PCP, results in decreased alcohol consumption among HIV-HCV co-infected patients.

10. **Technology-Assisted Assessment of Post-Hospital Adherence in Schizophrenia**
R21 MH102000 7/19/13 - 6/30/16 NIMH $291,938
Role: *Principal Investigator* (MPI: Brandon Gaudiano, Ph.D.)
Description: This study sought to identify ecologically-valid and potentially modifiable variables that predicted treatment adherence (to medications and outpatient therapies) for patients with psychotic spectrum disorders following hospital discharge using mobile technologies.

11. **Engaging HIV Patients in Primary Care by Promoting Acceptance**
R34 MH098694 3/21/13 - 1/31/17 NIMH $611,343
Role: *Principal Investigator* (MPI: Michael Stein, M.D.)
Description: This project aims to develop a simple, low-cost, disseminable intervention using acceptance-based behavior therapy for HIV primary care patients new to care that enhances a patient's longitudinal commitment to care so s/he can obtain effective medical treatments that will prolong survival and improve quality of life.

12. **Distress Tolerance and Reducing Early Relapse in Buprenorphine Patients (TRUST)**
R34 DA032767 2/01/12 - 1/31/14 NIDA
Role: *Co-Investigator* (MPIs: Michael Stein, M.D.; Richard Brown, Ph.D.)
Description: The goal of this project is to develop and test a Distress Tolerance treatment, as an adjunct to buprenorphine treatment to reduce early opioid relapse.

13. **Reducing STIs in Emerging Adults Who Use Alcohol and Marijuana (HEAT)**
R01 AA020509 9/15/11 - 8/31/16 NIAAA $1,585,744
Role: *Collaborator* (PI: Michael Stein, M.D.)
Description: The goal of this project was to determine if a brief acceptance-based alcohol and

marijuana intervention will lower STI incidence in community-based emerging adults.

14. Spanish Speaking Anxiety Outcomes Study (SANOS)
Pfizer Pharmaceuticals, Inc. 10/16/08 – 9/20/13
Role: *Principal Investigator*
Description: Investigation of the course and outcome of monolingual Spanish-speaking adults with anxiety disorders and to determine psychosocial functioning and socioeconomic impact.

15. Varenicline vs. NRT for Methadone-Maintained Smokers (QUIT)
R01 CA129226 9/24/08 - 07/31/13 NCI
Role: *Collaborator* (PI: Michael Stein, M.D.)
Description: The goal of this project is to determine whether varenicline leads to a higher rate of smoking cessation than nicotine replacement among methadone-maintained smokers.

16. Cognitive-Behavioral Treatment of Anxiety in Primary Care
K23 MH69595-05 7/25/04 – 10/31/10 NIMH
Role: *Postdoctoral Research Associate* (PI: R.B. Weisberg, Ph.D.)
Description: A patient-oriented career development award. The aims of the proposal were to develop a cognitive-behavioral, group treatment for primary care patients with anxiety disorders and to assist in the training of the PI as an independent researcher.

17. The Primary Care Anxiety Disorders Program (PCAP)
Pfizer Pharmaceuticals, Inc. 6/1/97 – 5/15/13
Role: *Principal Investigator*
Description: Investigation of the course and outcome of primary care patients with anxiety disorders and to examination of the impact of anxiety disorders.

18. The Harvard/Brown Anxiety Research Project (HARP)
R01 MH51415 4/1/95 – 1/31/15 NIMH
Role: *Collaborator/Project Director* (PI: Martin Keller, M.D.)
Description: A multicenter, longitudinal, prospective study of the course and outcome of panic disorder, generalized anxiety disorder, posttraumatic stress disorder, and social phobia, with a focus on racial and ethnic minority samples.

MEDIA COVERAGE

- "Behavioral Avoidance in Patients with SAD Partially Mediates Depressive Symptoms," *CNS Spectrums, 11,* 346 – 348.
- "Occupational Hazard," *Scientific American Mind, 21,* 10.
- "Stress Triggers Slow, Steady Rise in Panic Symptoms," *Medscape Medical News, 6/23/11.*

UNIVERSITY TEACHING, ADVISING, and MENTORING ROLES

- *Adjunct Instructor*, Department of Psychology, Drexel University, Philadelphia, PA, "General Psychology I (PSY 101)" (spring 2007)
- *Adjunct Instructor*, Department of Psychology, Drexel University, Philadelphia, PA, "General Psychology I (PSY 101)," double section consisting of 300+ students (fall 2007)
- *Adjunct Instructor*, Department of Psychology, Drexel University, Philadelphia, PA "Abnormal

Psychology (PSY 240)" for non-psychology majors (spring 2008)

- *Instructor,* Brown University Clinical Psychology Training program, Providence, RI, "CBT for Anxiety Disorders" (fall 2014 - present)
- *Instructor,* Brown University Psychiatry Residency Training program, Providence, RI, "Journal Club" (winter 2017 - 2025)
- *Speaker*, Office of Continuing Medical Education, Alpert Medical School of Brown University, Providence, RI, "Using mindfulness and acceptance to improve public speaking skills" (March 2018)
- *Adjunct Faculty,* School of Social Work, Boston University, Boston, MA, "Cognitive Behavioral Therapy" (fall 2019)
- *Mentor*, MEDSTEP, Office of Diversity and Multicultural Affairs, Alpert Medical School of Brown University, Providence, RI (fall 2019 – 2022)
- *Research Mentor Training,* Entering Mentoring Curriculum from the National Research Mentoring Network (NRMN) / Center for the Improvement of Mentored Experiences in Research (CIMER), 9-hour Mentor Training Certificate, 2025
- *Adjunct Faculty,* Department of Counseling, Educational Leadership, and School Psychology, Rhode Island College, Providence, RI, "Biological Perspectives in Mental Health" (fall 2026)
- <u>Advisees/mentees</u>
  - Hannah Kimmel, Master's in Public Health student (2016-2017)
  - Sarah Peters, Master's in Public Health student (2016-2017)
  - Lauren Sager, Master's in Public Health student (2016-2017)
  - Dorothy Skierkowski-Foster, Post-doctoral psychology trainee (2017-2019)
  - Daniel Manfra, Psychiatry resident (2018-2020)
  - Claire Thompson, Undergraduate student (2020-2021)
  - Roman Palitsky, Postdoctoral psychology trainee (2020-2022)
  - Natalie Fenn, postdoctoral psychology trainee (2022-2024)
  - Julia Scheinbach, Master's in Public Health student (2023-2024)
  - Michael Thompson, Master's in Public Health student (2023-2024)
  - Aleksandr Karnick, Psychology resident (2023-2024)
  - Nicholas Canby, Post-doctoral psychology trainee (2022-2024)
  - Emily Fu, Post-doctoral psychology trainee (2024-2025)
  - Sonal D. Sharma, Master's in Public Health student (2025-2026)
  - Yumei Olivia Chen, Psychology resident (2026-present)